



ALMOND **SPA**

ATOUCH *of luxury*

Snacks

Entrance to the Wellness zone

**Two glasses of sparkling wine
for each person**

**Select a treatment from
the list below**

The offer is valid from 4 to 10 people.
The price of the package is **440 PLN** per person.

Contact us to book a SPA Package:
+48 58 351 90 85 | almond.spa@granohotels.pl



Each person can choose one treatment from the list below:

Candle massage – 3 scents to choose from (50 min.)

Aromatherapy massage of the whole body, restoring the skin's silky smoothness and elasticity. After dissolving, the candle turns into an oil rich in nutrients, which includes, among others: soybean sprouts and beeswax. This treatment is recommended primarily for dry and sensitive skin.

Head and foot massage (50 min.)

Head massage: a calming ritual that relieves stress and fatigue. Used for migraine symptoms, it can replace painkillers, bringing relief and calmness. Alternating deep movements, interspersed with gentle stroking with fingertips, improve microcirculation, thereby strengthening hair follicles. Also recommended for people suffering from insomnia.

Foot massage: a relaxing massage combined with pressure, ensuring balance and helping to eliminate toxins from the body. Feet, which are our foundation, play an extremely important role in health prevention – stimulation of the receptors located there corresponds to individual organs of our body.

Hydra Plus (50 min.)

Intensively nourishing care, dedicated primarily to dry and dehydrated skin, exposed to external factors. Immediately restores the appropriate level of hydration and prevents water loss through the skin. Firmness and elasticity are improved, wrinkles are smoothed out, providing a rejuvenated appearance.

Whole body peeling, massage of the back of the body (back + legs) and a hand mask in the form of shea butter (50 min.)