

WATERKLOOF RIDGE · PRETORIA



**APOGEE**

BOUTIQUE HOTEL & SPA

◆

*Spa Menu*

A SANCTUARY OF SOPHISTICATION

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**APOGEE SPA & WELLNESS**

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[www.apogeehotel.co.za](http://www.apogeehotel.co.za) · Price List 2026

# The Body

MASSAGE · BODY TREATMENTS · FACIALS

## Massage

Calabash Healing Journey .....	<b>R450</b>
45 MIN	
Foot & Leg Massage .....	<b>R550 / R650</b>
30 / 45 MIN	
Khoi-Khoi Escape · back, neck, shoulder .....	<b>R550 / R750</b>
30 / 45 MIN	
Rolling Sands Full Body Massage .....	<b>R750 / R990</b>
60 / 90 MIN	
Full Body Swedish Massage .....	<b>R800 / R1100</b>
60 / 90 MIN	
Aromatherapy Massage .....	<b>R900 / R1150</b>
60 / 90 MIN	
Hot Stone Massage .....	<b>R950 / R1450</b>
60 / 90 MIN	
Full Body Deep Tissue Massage .....	<b>R950 / R1450</b>
60 / 90 MIN	
Pregnancy Massage .....	<b>R980 / R1500</b>
60 / 90 MIN	
Apogee Signature Massage .....	<b>R1450</b>
90 MIN	

### MASSAGE ENHANCEMENTS +R200 EACH

Foot Treatment	Hot Stones
African Deep Scalp Massage	Revitalising Foot Treatment
Calabash Foot Massage	

## Body Treatments

### ◆ KALAHARI

Desert Glow Full Body Exfoliation .....	<b>R450</b>
Botanical Buffet Journey .....	<b>R650</b>
Cocoon Body Wrap .....	<b>R690</b>

### ◆ LILLIAN TERRY

Cellulite / Slimming / Detox / Pregnancy / Muscle Ease Body Wrap .....	<b>R750</b>
Muscle Ease Journey .....	<b>R1950</b>
EXFOLIATION, WRAP & FULL BODY MASSAGE	
Pregnancy Journey .....	<b>R1950</b>
EXFOLIATION, PREGNANCY WRAP & MASSAGE	

## Facials

### ◆ OPTIPHI · CLASSIC

Classic Clarity Facial .....	<b>R750</b>
50 MIN	
Classic Hydrate & Repair Facial .....	<b>R850</b>
60 MIN	
Classic Firming Peptide Facial .....	<b>R900</b>
60 MIN	
Classic Radiance Boost Facial .....	<b>R950</b>
60 MIN	
Indulgent Renewal Facial .....	<b>R950 / R1450</b>
60 / 90 MIN	
Dermaplaning with Facial .....	<b>R950</b>
60 MIN	

### ◆ OPTIPHI · PEELS

30% GA Skin Rejuvenation Peel .....	<b>R750</b>
45 MIN	
30/30 Skin Rejuvenation Peel .....	<b>R850</b>
45 MIN	
Lipohydroxy Acid Peel .....	<b>R850</b>
45 MIN	
Optiphi Retinol Peel .....	<b>R1100</b>
45 MIN	

### OPTIPHI ENHANCEMENTS

Eye Renewal Therapy — R200	Vitamin & Mineral Mask — R200
Anti-Ageing Illuminating Mask — R250	Extractions — R100
Dermaplaning Add-On — R300	

### Before You Arrive

Kindly arrive 10 minutes before your treatment to settle into the tranquility of our spa. All prices are in South African Rand and include VAT.

# Skin & Nails

RENEWAL · RADIANCE · RITUAL

## Advanced Skin

### ◆ REGIM A

Initiation Peel ..... **R650**  
 45 MIN

Pro Acne Treatment ..... **R650**  
 45 MIN

Rapid Purifying Deep Cleanse ..... **R690**  
 45 MIN

Rejuvenating Nourishing Treatment ..... **R780**  
 45 MIN

Power Peel 30 ..... **R750**  
 45 MIN

Power Peel 50 ..... **R780**  
 45 MIN

Double Whammy Intensive ..... **R900**  
 45 MIN

### ◆ DR PEN

Single Treatment ..... **R950**  
 60 MIN

Three Treatments ..... **R2350**  
 60 MIN EACH

## Phyto-Ceutical

### ◆ KALAHARI K

Honeybush Skin Treatment ..... **R550**  
 30 MIN

Lipid Rich Skin Treatment ..... **R650**  
 60 MIN

Vitamin C Skin Treatment ..... **R650**  
 60 MIN

Detoxifying & Purifying Treatment ..... **R650**  
 60 MIN

Vita-Gel Skin Treatment ..... **R650**  
 60 MIN

Phyto Enzyme Compound (PEC) Treatment ..... **R750**  
 60 MIN

### SKIN ENHANCEMENTS

Collagen Eye Patch — R120	Vitamin C Eye Zone — R250
Vita-Gel Neck & Décolleté — R250	De-Ageing Neck & Décolleté — R250

## Nails & Feet

Buff & Shine ..... **R300**  
 30 MIN

Manicure ..... **R350**  
 60 MIN

Signature Manicure ..... **R450**  
 60 MIN

Pedicure ..... **R490**  
 60 MIN

Signature Pedicure ..... **R550**  
 60 MIN

### ◆ NELE

Gel Polish ..... **R320**

Natural Overlay ..... **R410**

French Overlay ..... **R460**

Maintenance Fill ..... **R390**

Soft Gel Tips ..... **R500**

### NAIL ENHANCEMENTS

Paraffin Wax — R200	Gel Polish — R200
Nail Art Stamp — R15	Nail Art Basic — R20
Nail Repair — R80	

### ◆ REMOVALS

Soak Off · before new application ..... **R80**  
 30 MIN

Soak Off ..... **R100**  
 30 MIN

# Finishing Touches

GROOMING · TINTING · COUPLES' PACKAGES

## Grooming & Waxing

Ears & Nose Wax	R110
10 MIN	
Brow Wax	R120
15 MIN	
Lip Wax	R120
15 MIN	
Chin Wax	R150
15 MIN	
Cheek Wax	R150
15 MIN	
Full Face Wax	R370
30 MIN	
Under Arm Wax	R200
20 MIN	
Full Arm Wax	R270
25 MIN	
Half Arm Wax	R210
15 MIN	
Full Leg Wax	R380
45 MIN	
¾ Leg Wax	R310
30 MIN	
Half Leg Wax	R280
30 MIN	
Standard Bikini Wax	R230
30 MIN	
Hollywood Wax	R360
30 MIN	
Stomach Line	R120
15 MIN	
Men's Back / Chest Wax	R400
45 MIN	

## Tint & Lift

### ◆ TINTING

Brow & Lash Combo	R240
30 MIN	
Brow Tint	R130
20 MIN	
Lash Tint	R130
20 MIN	

### ◆ LAMINATION & LASH LIFT

Brow Lamination	R265
Brow Lamination + Wax + Tint	R350
Lash Lift	R365
Lash Lift with Tint	R475
Lash Lift + Brow Lam + Lash & Brow Tint	R650

## Tranquillity for Two

### Body Revival

**R4 350**

120 MIN · FOR TWO

- ◆ Full body exfoliation
- ◆ Hydrating body wrap
- ◆ Full body Swedish massage
- ◆ High veld cheese platter

### Revive & Rejuvenate

**R5 100**

150 MIN · FOR TWO

- ◆ Full body exfoliation
- ◆ Aroma smoother massage
- ◆ Radiance boost facial
- ◆ High veld cheese platter

### Apogee Signature Package

**R6 500**

285 MIN · FOR TWO

- ◆ Full body exfoliation
- ◆ Therapeutic body wrap
- ◆ Full body massage
- ◆ Hydrating facial
- ◆ Signature manicure & pedicure
- ◆ High veld cheese platter