



Bakubung

SPA

TREATMENT
MENU

MASSAGE THERAPIES

Swedish Massage

A gentle massage using a variety of techniques that apply pressure to manipulate muscles aiming to release tension, improve circulation, provide greater flexibility and improve overall well-being.

60 min

R1050

Aromatherapy Massage

A gentle massage, similar to a Swedish massage using a unique blend of essential oils that are absorbed by the skin and inhaled to promote deep relaxation.

60 min

R1150

Hot Stone Massage

A massage journey in conjunction with heated stones that encourage blood flow throughout the body relieving chronic pain and promoting deep relaxation.

60 min

R1050

Deep Tissue Massage

A massage applying firm pressure that targets deeper layers of muscle and connective tissue to release deep seated tension and knots.

60 min

R1150

Lava Shell Massage

A massage journey accompanied with self-heating technology of Lava Shells that encourage blood flow throughout the body relieving chronic pain and promoting deep relaxation.

60 min

R1150

Back, Neck, Shoulder and Head Massage

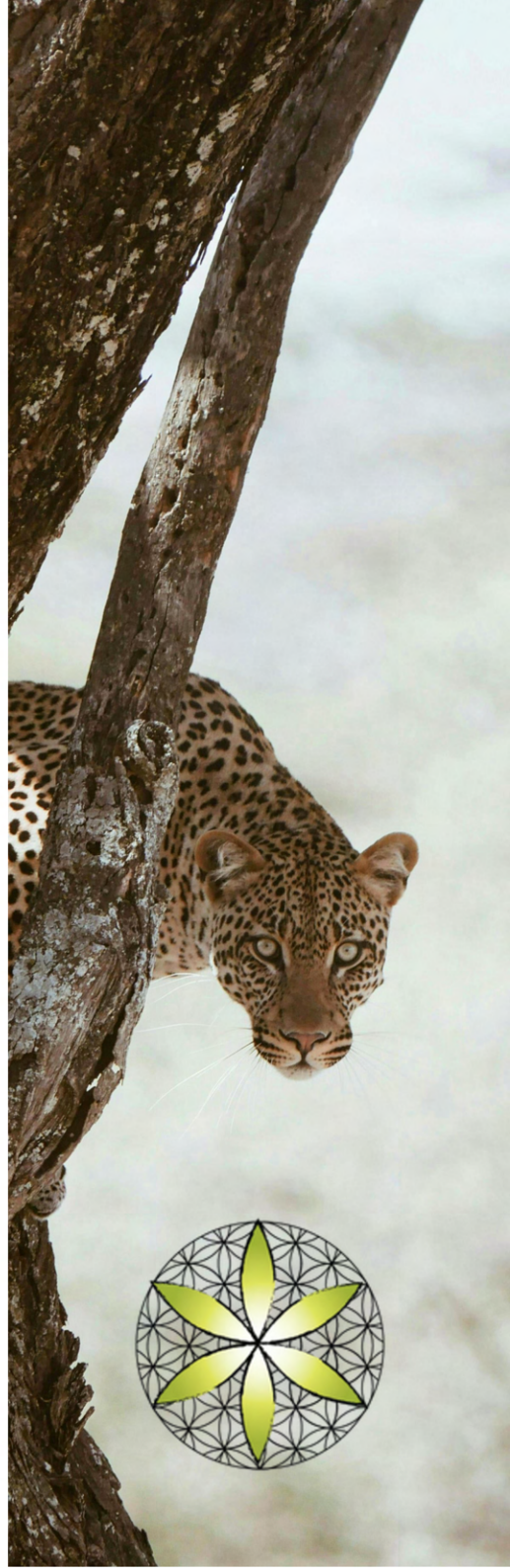
45 min

R750

Deep Tissue Back, Neck, Shoulder and Head Massage

45 min

R850



MASSAGE ENHANCEMENTS

Customise your massage with enhancements that will elevate your experience and target specific concerns.

Soy Candle

A moisturising body candle with a unique blend of natural soy wax and botanical oils to enhance the massage experience.

Bellabaci Cupping

Bellabaci massage cups are used to instantly soothe painful areas of the body and repair skin tissue.

Hot Lava Shells

Hot Stones

Exfoliation

30 min

Massage (Extra Time)

Add on 30 minutes to any massage.

R250

R250

R300

R250

R400

R300

BODY RITUALS

Full Body Exfoliation

A special blend of salt and oils that gently buffs away flakey skin, leaving skin soft to touch and ready for subsequent product application.

30 min

Thalgo Body Exfoliation and Massage

A luxuriously gentle salt exfoliation, paired with a full body exfoliation and massage that transforms the skin leaving it wonderfully soft and subtle.

90 min

Body Polish and Hydrating Body Wrap

Enjoy a gentle full body exfoliation, followed by a deeply nourishing hydrating wrap that revitalises skin.

60 min

Body Polish and Detox Body Wrap

Refresh and purify your skin with our detoxifying wrap and exfoliation that draws out toxins.

60 min

Legacy Balance Foot Ritual

A foot and calf focused tension reliever using gentle massage and pressure point techniques to alleviate tension.

45 min

Thalgo Light Legs

A cryotherapy treatment wrap that treats feelings of discomfort and tiredness in the legs.

45 min

R500

R1650

R1100

R1100

R450

R550



PREGNANCY THERAPIES

AVAILABLE AFTER FIRST TRIMESTER

Elemis Mother To Be

A luxurious 'Me Time' journey that offers a top to toe blissful escape before baby arrives.

90 min

R1450

Journey To Motherhood Massage

A gentle prenatal massage to nurture and support women through the rich tapestry of pregnancy.

60 min

R1150

BABOR FACIAL THERAPIES

BABOR, a prestigious luxury skincare brand renowned for combining natural ingredients with advanced scientific research to deliver both an indulgent and results-oriented experience

BABOR Hydration Infusion

A fast and intensive hydration boost to saturate the skin with moisture, alleviating fine lines and wrinkles associated with dehydration.

45 min

R750

BABOR Signature Skinovage

A meticulously curated regimen tailored to address diverse skin needs with unparalleled efficacy and precision.

60 min

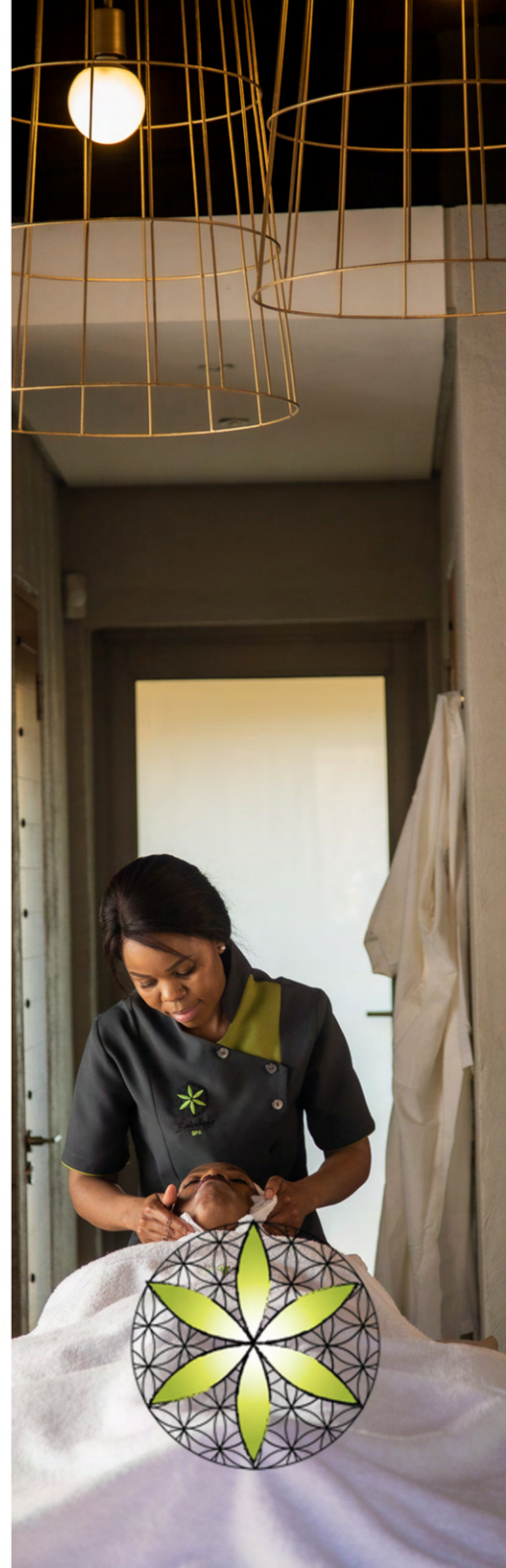
R1050

BABOR Age Control

A classic BABOR treatment that targets expression lines and minimises the appearance of fine lines by restoring facial contours, leaving the skin looking relaxed with a rosy, radiant glow. **For all skin types except blemish prone skin.**

75min

R1150



QMS FACIAL THERAPIES

QMS Medicosmetics is a premium skincare brand recognised for its pioneering use of collagen to improve skin regeneration and anti-aging, offering solutions that boost skin elasticity, reduce wrinkles, and enhance overall skin health.

QMS Collagen Reset

This treatment offers a thorough cleanse and refining experience. The result? Healthy, balanced, and hydrated skin.

60 min

R990

QMS Collagen Rebalance with Hydrating Boost

Instantly give vitality back to your skin with innovative activation techniques that hydrate, refuel, and energise your skin.

60 min

R1150

QMS Collagen Revive

Experience visibly smoother skin and restored radiance. A detoxifying treatment that revitalises the skin providing an instant complexion boost.

75min

R1250

QMS Collagen Renewal

Experience firmer, volumised skin with reduced fine lines and improved skin texture.

90 min

R1450

QMS Collagen Contour

Targeting areas prone to aging, this treatment includes a lifting massage and collagen-boosting therapy for enhanced tonicity.

90 min

R1600

QMS Collagen Rebalance

Eye-care, redefined! This facial targets puffiness, dark circles and promotes a well-rested, youthful, and vibrant look.

75 min

R1350



DELICATE HANDS

Signature Manicure with Nail Polish

A hand pampering manicure that focuses on the overall health of the hands.

60 min *ADD GEL R100

Luxury Manicure with Nail Polish

Transform your hands with this decadent and perfectly crafted hand and nail treatment.

75 min *ADD GEL R70

Waterless Manicure

A meticulous hand treatment that focuses on perfecting the beauty and health of your nails and cuticles.

30 min

*An additional 15 minutes will be added to your treatment when adding on gel application.

FEATHER LIGHT FEET

Signature Pedicure with Nail Polish

A foot pampering pedicure that focuses on the overall health of the feet.

60 min *ADD GEL R100

Luxury Pedicure with Nail Polish

Luxury at its finest. An opulent treatment offering a comprehensive approach to the treatment of the feet.

75 min *ADD GEL R70

Waterless Pedicure

A meticulous foot treatment that focuses on perfecting the beauty and health of your heels, nails and cuticles.

45 min

Medi - Pedi

A fast, effective and painless foot peel that focuses on the removal of callus and dry scaly skin.

60 min *ADD GEL R100

*An additional 15 minutes will be added to your treatment when adding on gel application.

R450

R730

R400

R460

R780

R420

R550



NAIL ENHANCEMENTS

* A Soak Off must be accompanied by an additional spa treatment.

Gel Soak Off 30 min	R200
Acrylic Soak Off 45 min	R200
Gel Polish Overlay on Natural Nails	R420
Rubberbase Reinforcement	R330
Rubberbase Reinforcement with Gel Polish	R430
Gel Soak Off with Reapplication	R580

GROOMING TINTING

Lash or Brow	R150
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WAXING

Back or Chest	R400
Half Leg	R300
Full Leg	R350
Half Arm	R200
Full Arm	R250
Lip, Chin, Brow, Ear, Nose, Cheeks	R150
Underarm	R220
Brazilian	R350
Bikini	R240
Hollywood	R430



SPA PACKAGES

WHERE APPLICABLE, PACKAGE TIME REFLECTED
IS INCLUSIVE OF LUNCH

Out Of This World **5 Hours**

Hot Stone Massage
Signature Manicure
Signature Pedicure
BABOR Hydration Facial
Lunch

R2570 per person

A Touch Of Magic **3.5 Hours**

QMS Collagen Facial
Deep Tissue Massage
Signature Pedicure

R2710 per person

Wind Down **4 Hours**

Swedish Massage
Signature Pedicure with Gel Polish
Full Body Exfoliation
Lunch & Bubbly

R2220 per person

FOR COUPLES

Take Your Time **2 Hours**

Swedish Massage
BABOR Signature Facial
Bubbly

R3985 per couple

Breathe In, Breathe Out **3 Hours**

BABOR Age Control Facial
Signature Pedicure
Signature Manicure

R1810 per person

Breath Of Life **2 Hours**

Aromatherapy Massage
Body Polish and Wrap

R2205 per person

Power Of Touch **2.5 Hours**

BABOR Signature Facial
Soy Candle Body Massage
Full Body Exfoliation

R2520 per person

Take The Load Off **4 Hours**

QMS Activator Facial
Back, Neck, Head and Shoulder
Massage
Signature Pedicure
Lunch

R2330 per person

Spa And Stay

Walking On Sunshine Package
Accommodation (Sharing per night
includes breakfast, dinner and one
game drive per person per day).

*This package may only be booked
through the Spa.

*This package is for two guests sharing.

*This package price is subject to change
year on year.

R15 050 per couple





SPA ETIQUETTE

BOOKING POLICY AND CANCELLATION POLICY

A 50% deposit payment upfront is required in order to secure your booking. Please provide the Spa with a minimum of 6-hours notice when rescheduling your appointment. If a 6-hour cancellation is not given, 50% of your total treatment value will be charged.

A 100% upfront payment is required for group bookings, to secure your booking. Please provide the Spa with 7 days notice for the cancellation of group bookings in order not to incur any cancellation charges. If a 7 day cancellation is not provided, 100% of your total treatment value will be charged.

Kindly note that we do not provide refunds on retail products purchases.

ARRIVAL

Prepare for your Spa experience by arriving 30 minutes prior to your appointment time to allow for the check-in process. All appointments will end at their scheduled time in order that the next guest is not delayed or inconvenienced.

Treatment times include the Spa's welcome ritual.

ATTIRE

A secure locker is provided for all your personal belongings along with a robe, a pair of slippers and disposable underwear for your comfort.

CONSULTATION

All guests are required to complete a mandatory consultation card before their treatment so that our therapists can prepare your experience.

FACILITIES

Before or after your Spa treatment, enjoy our Facilities or simply relax in the relaxation area. Guests are more than welcome to help themselves to our complimentary refreshments.

Guests booking any of our massages, facials or packages enjoy complimentary access to our wet areas - perfect for unwinding before or after your treatment for up to 60 minutes.

If you're visiting us for a manicure, pedicure, waxing, or nail service, you can still elevate your experience for just R300 per person and enjoy our tranquil facilities for 60 minutes (subject to availability).

Swimwear is required at the relaxation areas, steam room and hydrotherapy pool.

HOMECARE

To continue your Spa experience at home, products used during your treatment can be purchased at the Spa reception, where your therapist will be delighted to advise you on the most suitable products for your needs.

DISCLAIMER

Access to and use of Bakubung Spa's facilities and equipment are undertaken at your own risk. Bakubung Spa, its management, therapists, and the lodge owners and staff shall not be held liable for any loss, injury, damage, claims, or compensation. By entering our premises, you acknowledge and accept this policy, waiving any and all claims against these parties.



SPA CONTACT DETAILS

Address: Bakubung Spa
Pilanesberg National Park
Rustenburg, South Africa

Tel: + 27(0) 14 552 6090
WhatsApp: +27 72 906 0572
Email : bakspafd@legacybalance.co.za

Visit: www.legacybalance.co.za/spa/Bakubung
-Day-Spa-Rustenburg

VOUCHER SALES:
www.legacybalance.co.za/vouchers

OPERATING HOURS

Monday – Saturday
& Public Holidays: 09:00 – 18:00
Sundays: 10:00 – 17:00

MAKE A BOOKING

