

Nibbles

Alcohol (A) | Nuts (N) | Pescatarian (P) | Shellfish (S) | Vegetarian (V)

Beef — R 205
Grilled smoked paprika beef kebab, roasted capsicum, caramelised pearl onions, chimichurri sauce

Calamari — R 185
Crispy fried calamari, parsley & lemon aioli

Grapes (v) — R 130
Honey roasted grapes, whipped feta, thyme leaves, olive oil, honey drizzle, toasted ciabatta

Mediterranean Arancini (v) — R 145
Spinach, feta, sundried tomato, risotto, parmesan, lemon aioli

Wings — R 175
Paprika & garlic fried winglets, spicy harissa sauce



Salads

Alcohol (A) | Nuts (N) | Pescatarian (P) | Shellfish (S) | Vegetarian (V)

Caprese Salad (v) — **R 190**

Roasted tomato steak, salted exotic tomatoes, bocconcini, cucumber & basil sorbet, balsamic reduction

Grilled Halloumi (v) — **R 160**

Grilled halloumi, melon, crushed cucumber, toasted seeds, mint & rocket salad, zesty lemon dressing

Prawn bowl (s) — **R 205**

Succulent prawns, mango & avocado salsa, roasted coconut flakes, chili lime dressing



Wraps

Alcohol (A) | Nuts (N) | Pescatarian (P) | Shellfish (S) | Vegetarian (V)

Beef — R 225
Grilled steak strips, caramelised onion, rocket leaves, chimichurri sauce, rustic fries

Chicken — R 215
Crispy fried chicken, bacon, shredded lettuce, avocado, hot honey, rustic fried

Hake — R 195
Tempura hake, fennel & lemon slaw, shredded lettuce, caper aioli, rustic fries



Pizzas

Alcohol (A) | Nuts (N) | Pescatarian (P) | Shellfish (S) | Vegetarian (V)

Margherita (v) — R 175
Napolitano sauce, woodfired tomatoes, basil leaves, olive oil, mozzarella cheese

Pear (n) (v) — R 180
Honey, vanilla poached pear, blue cheese, roasted walnuts, rocket leaves, mozzarella cheese

Spicy salami — R 275
Napolitano sauce, spicy salami, woodfired peppers, fresh chili, hot honey, mozzarella cheese



La Bamba
GOOD VIBRATIONS

Milkshakes

	KIDDIES	
Vanilla / Strawberry / Chocolate	R 45	R 60

Gourmet Milkshakes

	KIDDIES	
Salted Cameral / Turkish Delight / Cookies & Cream / Speckled Eggs / Unicorn	R 55	R 95

Frezzos

Classic Coffee / Caramel Fudge / White Chocolate Pistachio / Coconut Matacha	R 60



Soft Drinks

Appletiser / Grapetiser Red	R 55
Coke / Coke Zero 200 ml	R 30
Coke / Coke Lite / Coke Zero	R 38
Cream Soda	R 38
Fanta Orange	R 38
Ginger Beer	R 38
Ice Tea	R 45
Mineral Water Still / Sparkling 500 ml	R 32
Mineral Water Still / Sparkling 1 lt	R 42
Red Bull / Red Bull Sugar Free	R 55
Sprite / Sprite Zero	R 38
Tomato Juice 200 ml	R 68
Mixes 200 ml	R 30

Sugar Free Pink Tonic / Sugar Free Tonic / Pink Tonic / Blue Tonic / Grapefruit Tonic / Dry Lemon / Tonic Water / Ginger Ale / Lemonade / Soda Water



Coffees

Americano / Decaf	R 32
Baby Chino	R 18
Café Latte	R 36
Cappuccino	R 34
Espresso Single	R 28
Espresso Double	R 30
Hot Chocolate	R 36
Macchiato	R 34

Milk alternatives:

Soy, Almond, Oat	R 12
Irish Coffee	R 70



Teas

Camomile	R 30
Chai Latte	R 32
Classic Green	R 30
Earl Grey	R 30
English Breakfast	R 30
Lemon	R 30
Peppermint	R 30
Red Latte	R 37
Rooibos Tea	R 30



Mocktails

Berry Cooler — R 90
Pomegranate, shaken with fresh lime juice, cranberry juice, frozen berries & charged with soda water

Malawi Shandy — R 55
Ginger ale, soda water, bitters

Rock Shandy — R 55
Lemonade, soda water, bitters

Steel Worx — R 55
Ginger beer, cola tonic, lime cordial, bitters

Table Mountain Mojito — R 85
Non-alcoholic variation of the classic, made with muddled fresh lime, torn mint leaves & natural extracts churned with crushed ice & soda water

Virgin Daquiri (Strawberry or Mango) — R 90
Non-alcoholic variation of the classic

Watermelon & Apple — R 80
Watermelon syrup, soda water, green apple syrup, lime juice



Cocktails

Aperol Spritz — R 95
Soda water, Aperol, Cinzano Spritz

Cosmopolitan — R 75
Premium vodka shaken with fresh lime, triple sec & cranberry juice, garnished with a citrus twist

Daquiri (Strawberry or Mango) — R 95
Cuban light rum based cocktails blended smooth with a choice of two fruit flavours

Long Island Ice Tea
Coke - R 95 | Cranberry - R 90 | Red Bull - R 120
Variation of the classic, made with five white spirits & charged with a choice of coke, cranberry or Red Bull

Margarita — R 95
Premium tequila with freshly squeezed lime juice & Triple sec Served straight up or frozen

Mojito — R 100
Cuban light rum muddled with fresh lime, torn mint leaves & wild mint syrup. Churned with crushed ice & charged with soda water

Piña Colada — R 95
Most famous tropical cocktail Cuban light rum blended with fresh pineapple pieces & natural coconut extracts



Beers & Ciders

Amstel	R 46
Black Label	R 45
Castle	R 45
Castle Light	R 48
Corona	R 56
Flying Fish	R 48
Heineken Zero	R 48
Heineken	R 50
Hunters Dry	R 50
Savanah Dry	R 58
Savanah Light	R 58
Stella	R 50
Windhoek Draught On Tap 300 ml	R 40
Windhoek Draught On Tap 500 ml	R 65
Windhoek Draft 440 ml	R 56
Windhoek Lager 440 ml	R 56

Champagne

Moët & Chandon Brut R 2050

The delicious sumptuousness of white-fleshed fruits (pear, peach, apple).
The alluring caress of fine bubbles. The soft vivacity of citrus fruit & nuances of gooseberry.

Prosecco

Cinzano Spritz R 75 R 375

Crisp with a balanced acidity & a touch of pleasant sweetness. Light & refreshing, offering fruity, floral & herbaceous notes of white flowers, pear, apple & banana, with hints of almond, ripe plum & minerality.



Method Cap Classique

Durbanville Hills Sauvignon Blanc Sparkling	R 80	R 315
Delightful bouquet of green pepper, kiwi fruit, passion fruit, melon, ripe figs & gooseberries.		
Love Song Sparkling Shiraz Rosé	R 75	R 320
A fresh & fragrant salmon-coloured Brut sparkling rosé. Enjoying stone fruit & strawberry aromas, with red berry & rose petal notes.		
Pop Song Sparkling Sauvignon Blanc	R 75	R 320
A delicious brut Sauvignon Blanc with plenty of guava, melon, lemongrass & gooseberry aromas & flavours.		
Van Loveren Papillon Non-Alcoholic Sparkling		R 320
A delightful sparkling white with festive flavours of sun-kissed grapes.		



Sauvignon Blanc

Cloof Very Sexy — R 65 — R 240

The Very Sexy Sauvignon has a pale yellow colour with a green tinge.
The intense nose is reminiscent of fresh lemons & oranges, melon & pineapple.
The full palate is enhanced by tropical flavours supported by well-integrated natural acidity.

Fairview — R 85 — R 340

Pale straw with a green tinge in the glass. Potent aromas of grapefruit, lemon and lime with ripe figs and granadilla and more. The palate is fresh with lengthy acidity, expressive of the cool climate in Darling. Mid-palate sweetness with tropical fruit flavours, and a salivating dry finish.



White Blend

D'Aria Summer Anthem	**R 70**	**R 270**

Dry-style white wine, well balanced & easy drinking. Sauvignon Blanc aromas of gooseberries & grapefruit. Rounded palate with lingering acidity & flavours of stone fruits derived from Chenin.

Chenin Blanc

Cloof Bush Vine	**R 50**	**R 180**

The Cheeky Chenin has a pale yellow colour with a green tinge. The intense floral nose is enhanced by fresh grape flavours & a hint of paprika in the background.
The wine has a full body with well-balanced natural acidity & a powerful floral aftertaste.



Chardonnay

Fairview R 75 R 290

Clear, bright & pale gold colour. Typical yellow fruit aromas of citrus, stone fruit, subtle sea salt & French oak too. Layered fruity flavours on the palate such as more citrus, green melon with a silky texture from extended lees-contact & battonage. Finishes fresh and salivating dry.

Rose & Blush

Contreberg Darling R 90 R 330

A delicate blend of Shiraz and Clairette Blanche. This Rosé exudes notes of strawberries, watermelon and pomegranate. Its pale rose-gold color hints at its elegance, while the palate is dry with a balanced acidity, making it a perfect pairing for light, summery dishes.



Red Blend

Cloof Duckitt Cab/ Merlot/ Franc — R 85 — R 320

This red blend has a deep purple colour. The nose is a smorgasbord of blackberries, black currant & cherries, supported by a hint of cigar box.
The ripe tannins make this wine silky soft with a long aftertaste.

Merlot

Cloof Duckitt — R 75 — R 320

This Merlot has a rich ruby red colour. The nose & palate are dominated by strong dark berry & chocolate flavours, enhanced by a whiff of smoke from the barrel ageing.
The barrel ageing helps to create silky soft tannins.



Malbec

Fairview — R 115 — R 450

Ruby red in the glass. Plush, upfront aromas of plum & mixed berry fruits, cherry, & a hint of subtle oak spices. Soft and juicy with a generous mouthfeel, offering more red fruit & savoriness on the palate and a velvety finish.

Shiraz

Cloof Duckitt — R 80 — R 315

This Sexy Shiraz has a deep purple colour. The nose & palate offer a multi-expression of all possible spices like white & black pepper, cloves, cinnamon & a hint of vanilla.
The soft but firm tannic structure helps to give this wine a long aftertaste.