



FACIAL EXPERIENCES

HYDRATING FACIAL | 30 MINUTES | R450

A refreshing express facial that replenishes moisture, restores radiance, and leaves the skin feeling hydrated, comfortable, and glowing.

TAILORED JOURNEY FACIAL | 60 MINUTES | R825

A personalised facial experience thoughtfully adapted to your skin's unique needs. This restorative treatment deeply nourishes, revitalises, and enhances your natural luminosity.

ENHANCE YOUR EXPERIENCE WITH AN ADD-ON

Personalise your wellness journey with one or more of our indulgent enhancements, designed to complement any treatment and elevate your overall wellness experience.

GEL POLISH ADD-ON | R100

HOT STONE ENHANCEMENT | R150

Warm basalt stones are incorporated into your massage to ease deep-seated muscle tension and promote profound relaxation.

PARAFFIN WAX DIP | R120

A nourishing warm paraffin treatment for the hands or feet that deeply hydrates, softens the skin, and helps soothe stiff joints.

JADE ROLLER ENHANCEMENT | R60

Cooling jade rollers are used during your facial to reduce puffiness, improve circulation, and leave the skin feeling refreshed and radiant.

BOOK YOUR TREATMENT

PHONE: +27 (0)33 266 6965

WHATSAPP: +27 (0)60 444 3327

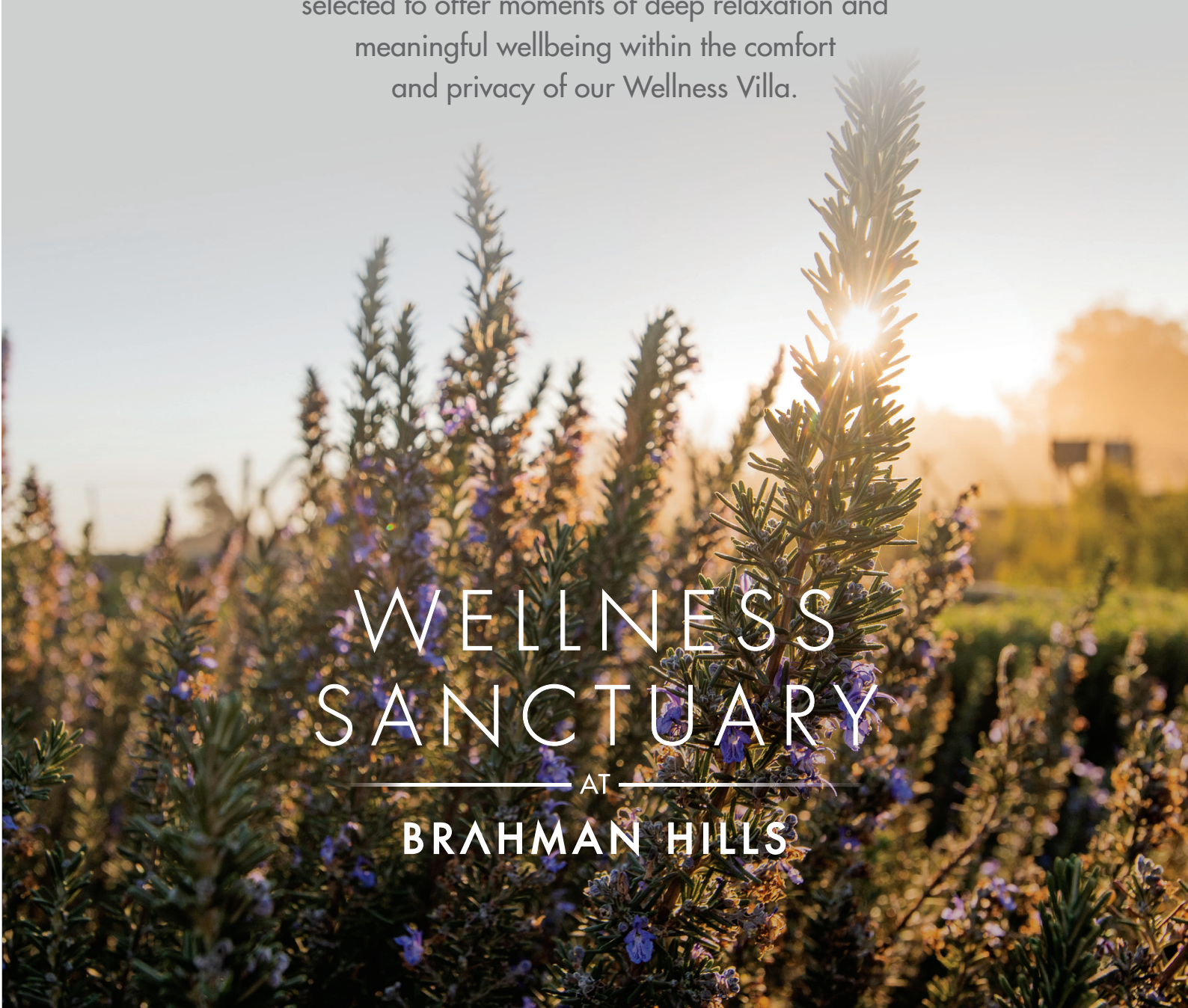
wellnesssanctuary@brahmanhills.co.za

BRAHMAN HILLS VILLA WELLNESS COLLECTION

RECONNECT. RESTORE. RENEW.

Inspired by the serenity and natural beauty of the Midlands, our curated villa wellness experiences invite you to slow down, reconnect with nature, and restore balance to body and mind, while our Wellness Sanctuary emerges.

Each treatment has been thoughtfully selected to offer moments of deep relaxation and meaningful wellbeing within the comfort and privacy of our Wellness Villa.



WELLNESS SANCTUARY

— AT —

BRAHMAN HILLS

MASSAGE EXPERIENCES

BACK OF BODY MASSAGE | 45 MINUTES | R600

A focused massage targeting the back of the body to release tension, improve circulation, and restore comfort to tired muscles.

BACK, NECK & SHOULDER MASSAGE | 30 MINUTES | R450 | 45 MINUTES | R600

Designed to relieve everyday stress and muscular tension, this targeted massage focuses on the areas where we hold tension most, leaving you feeling lighter and restored.

RELAXING HEAD MASSAGE | 30 MINUTES | R400

A calming scalp, neck, and shoulder massage designed to relieve stress, improve circulation, and encourage deep relaxation.

FOOT & ANKLE MASSAGE | 30 MINUTES | R400

A restorative massage focusing on tired feet and ankles to ease tension, improve circulation, and leave you feeling grounded and revitalised.

HOT STONE MASSAGE | 60 MINUTES | R990 | 90 MINUTES | R1290

A soothing massage using warm stones to ease muscular tension, improve circulation, and promote relaxation.

WARM OIL MASSAGE | 60 MINUTES | R980 | 90 MINUTES | R1250

A nurturing massage using warm oils to soften tension, nourish the skin, and leave you feeling deeply relaxed and restored.

MUSCLE EASE MASSAGE | 60 MINUTES | R980 | 90 MINUTES | R1250

A targeted massage using deeper pressure to release muscular tension, ease tightness, and restore comfort to tired muscles.

ESSENTIAL OIL AROMATHERAPY MASSAGE | 60 MINUTES | R950 | 90 MINUTES | R1190

A calming massage infused with essential oils to ease tension, soothe the senses, and promote deep relaxation.

PREGNANCY MASSAGE | 45 MINUTES | R750

A gentle, nurturing massage designed to ease tension, support the changing body, and encourage relaxation.

BACK OF BODY – BACK, HAMSTRINGS, CALVES AND FEET | 45 MINUTES | R600 | 60 MINUTES | R950

A restorative treatment targeting the back of the body to release tension, improve circulation, and revive tired, tense muscles.



FOOT RITUALS

SOLE SANCTUARY RITUAL | 45 MINUTES | R550

A bespoke foot ritual featuring a soothing foot soak, gentle exfoliation, and restorative massage to relieve tired feet, improve circulation, and leave you feeling grounded and renewed.

CLASSIC SPA PEDICURE | 60 MINUTES | R450

A restorative foot treatment including nail shaping, cuticle care, exfoliation, hydration, nail polish and a relaxing foot massage, leaving your feet beautifully refreshed.

