

FOOD MENU



SNACKS

CHICKEN SATAY	219
Grilled chicken skewers, peanut sauce	
SALMON BRUSCHETTA	319
Crushed tomato, pesto, mozzarella, pine nuts, sourdough	
VEGGIE SPRING ROLL	179
Root vegetables, coriander, plum sauce	
SOUTHEAST ASIAN FRESH HAND ROLLS	219
Shrimp, rice noodles, root vegetables, mint, coriander, nuoc cham dipping sauce	
NACHOS	329
Monterey Jack-Cheddar cheese, tomato salsa, chunky guacamole, jalapeño, sour cream	
BUFFALO CHICKEN WINGS	219
Cayenne pepper hot sauce, butter, celery stick, ranch dressing	
ASIAN DELIGHTS	349
Pork Gyoza, veggie spring roll, shrimp, chicken satay, trio of dips	
WAGYU BURGER TRIO	479
Mini Wagyu beef patties, sun-dried tomato, Cheddar cheese, house pickles, rocket	
CORDON BLEU CROQUETTE	219
Breaded chicken, ham, Cheddar cheese	
BEACH FRIES	159
Wedge potatoes, truffle mayo, egg	
LOADED FRIES	219
Pulled beef, Monterey Jack-Cheddar cheese, crispy onion, Jalapeno	

STARTERS & SALADS

SIGNATURE SALAD	299
Selected garden greens, extra virgin olive oil-balsamic dressing or	
CAESAR SALAD	329
Crisp romaine lettuce, Caesar dressing, anchovies, crispy beef bacon with your choice of:	
• TIGER PRAWN OLIVE OIL, GARLIC, PARSLEY	449
• MARINATED HOKKAIDO SEA SCALLOPS	449
• ANGUS BEEF TENDERLOIN	649
• SLOW COOKED CHICKEN WITH FRESH HERBS	349
MEDITERRANEAN SALAD	389
Fresh rocket leaves, grilled vegetables, pesto, Bocconcini, pine nuts, Nicoise dressing	
FLOW BOWL	319
Quinoa, arugula, cherry tomato, sweet potato, avocado, pomegranate, sweet corn, chia seed, extra virgin olive oil-balsamic vinaigrette	

THAI FAVOURITES

FISH BALL NOODLE SOUP	289
Choice of rice or egg noodles, coriander	
GREEN CURRY CHICKEN	419
Coconut milk, kaffir lime leaves, Thai basil	
MASSAMAN BEEF CURRY	479
Slow cooked with potatoes, peanuts, chili, steamed rice	

BURGERS & SANDWICHES

All burgers & sandwiches are served with your choice of: Garden Greens or Beach Fries	
BOCADILLO	419
Rustic baguette, marinated salmon, green leaves, guacamole	
PANINI	319
Ciabatta, grilled vegetables, pesto, mozzarella	
SHAWARMA WRAP	359
Marinated chicken, Saj bread, garlic sauce, cornichon	
GRILLED VEAL HOT DOG	319
Caramelized onion, mustard, ketchup, house pickles	
BEEF MEATBALL CROI'SANDWICH	359
Tomato-basil sauce, caramelized onion, mozzarella cheese	
BEEF BURGER	479
Cheddar cheese, caramelized onion, house pickles, mustard, brioche bun	
CRAB & PRAWN BURGER	489
choice of Teriyaki sauce or Wasabi mayonnaise Lettuce, caramelized onion, tomato, brioche bun	
TOFU BURGER	329
Caramelized onion, rocket lettuce, tomato salsa	

PASTA

Selection of spaghetti or penne, Gluten free pasta available	
HEALTHY VEGGIE	319
Tomato sauce, bell pepper, zucchini, eggplant, button mushrooms, red onion, sun-dried tomato	
AGLIO OLIO E PEPERONCINO	319
Tastefully combined with garlic, olive oil, dried chili	
PASTA PROSCIUTTO-CIPOLLA	349
Tomato sauce, cooked ham, caramelized onion, Parmesan cheese	
BOLOGNESE	349
Rich slowly cooked meat sauce, Parmesan cheese	
CARBONARA	349
Cream, garlic, onion, Parmesan cheese, beef bacon	

SWEETS

SOFT SERVE ICE CREAM <i>Chocolate or Vanilla</i>	89
Please select 2 Topping: <i>Rainbow Sprinkles, Oreos Cookie Crumbles, Macadamia Nuts-Caramel Popcorn, Chocolate Chips, Marshmallow, Cereal Flakes</i>	
RASPBERRY CRÈME BRÛLÉE	299
Classic French dessert with a twist	
FLOW SUNDAE TOWER	599
Chocolate, vanilla, strawberry ice cream, waffle, almond meringue, orange tuile, marshmallow, pistachio, cereal pearl, crème Chantilly, chocolate sauce, raspberry coulis	
CHOCOLATE CAKE	299
Rich cocoa ganache, soft sponge cake, vanilla jam	
TROPICAL FRUIT PLATE	189
Seasonal fresh cut fruits	



NUTS



GLUTEN FREE



SHELLFISH



PORK



ALCOHOL



VEGETARIAN

Prices are in Thai Baht and subject to a 10% service charge and 7% VAT.

All menu items and prices may change without prior notice due to seasonality and availability.
Please inform our F&B service team of any food allergies, dietary restrictions, or special requests.
We are committed to ensuring your dining experience is exceptional and remarkable.

BEVERAGE LIST

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SIGNATURE COCKTAILS

CARIBBEAN	349
FLOW COOLER	349
GENTLE PINK	329
TOM YUM	299

CLASSIC COCKTAILS

WHISKEY SOUR	349
MAI TAI	349
MOSCOW MULE	289
APEROL SPRITZ	349
COSMOPOLITAN	289
MOJITO	289
NEGRONI	349

WINE

	BY GLASS
SPARKLING	
Villa Cornaro, Prosecco Extra Dry, Veneto, Italy	289
WHITE WINE	
Kōparepare, Sauvignon Blanc, Marlborough, New Zealand	299
Les Producteurs Réunis, Cuvée Dissenay Chardonnay, Pays d'Oc, France	259
Nollen Erben, Riesling Spätlese, Mosel, Germany	249
ROSÉ WINE	
Château d'Esclans, Whispering Angel Rosé, Provence, France	349
RED WINE	
Morgan Bay Cellars, Cabernet Sauvignon, California, USA	299
Les Producteurs Réunis, Cuvée Dissenay Pinot Noir, Pays d'Oc, France	259
Ricossa, Barbera d'Asti DOCG, Piedmont, Italy	289

BEERS

SINGHA DRAUGHT	149
SINGHA 320ml	129
CORONA 330ml	179
ASAHI 320ml	149

THAI CRAFT BEERS

WHALE PALE ALE 490ml	299
WILA WEIZEN 490ml	279

LOW A.B.V.

RIO LIGHT ROSE & LYCHEE + BRANDY	179
RIO LIGHT GRAPE + BRANDY	179
RIO LIGHT FRESH GREEN + VODKA	179

MOCKTAILS

FLORENCE	219
HIMALAYA	219
AMPHAWA	219

SMOOTHIES

STRAWBERRY POP	179
BANANUT	179
TROPICAL HONEY	179

CHILLED JUICES

ORANGE	139
APPLE	139
PINEAPPLE	139
POMEGRANATE	139
LIME SODA	149
FRESH WATERMELON	199
FRESH MANGO	199
FRESH COCONUT	219

SOFT DRINKS

COKE 325ml	79
COKE ZERO 325ml	79
SPRITE 325ml	79
FANTA ORANGE 325ml	79
SINGHA LEMON 330ml	79
GINGER ALE 330ml	79
SODA 330ml	79
RED BULL 250ml	149

MINERAL WATER

SAN PELLEGRINO 500ml	149
SAN PELLEGRINO 1000ml	249
ACQUA PANNA 500ml	149
ACQUA PANNA 1000ml	249

COFFEE

	Hot	Cold
AMERICANO	119	139
ESPRESSO	99	-
CAPPUCCINO	149	169
LATTE	149	169
MACCHIATO	149	169
FLAT WHITE	149	169
MOCHA	149	169
DOUBLE ESPRESSO	139	-

ARABIC COFFEE

QAHWA ARABIC	179
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TROPICAL COFFEE

ICED THAI COFFEE	189
YUZU AMERICANO	199

FRAPPUCCINO

WHITE CHOCOLATE	229
MOCHA	229
MATCHA	229

PREMIUM CHOCOLATE

	Hot	Cold
	129	149

BUBBLE TEA

THAI MILK TEA	119
MATCHA MILK TEA	119
TAIWAN MILK TEA	119

KOMBUCHA

THREE GOATS BREWERY, HONEY LEMON HOPS KOMBUCHA	239
THREE GOATS BREWERY, THAI THAI KOMBUCHA	239

TWG TEA SELECTION

	Hot	Cold
GREEN TEA	89	99
Grand Jasmine, Sencha, Moroccan Mint		
BLACK TEA	89	99
Earl Grey, English Breakfast		
BLUE TEA	89	99
Oolong Prestige		
SOLO HERBAL TEA	89	99
Chamomile		

AMENITIES

EVIAN FACIAL SPRAY 150ML	369
SUN LOTION SPF 50	289
AFTER SUN LOTION	449
SWIMMING RING	249
SWIMMING ARMBANDS	149
BABY DISPOSABLE SWIM PANTS (L, XL, XXL)	59 EACH
SUNGLASS POLISHING	FOC
COLD TOWEL	FOC
FRESH CUCUMBER FACIAL EYE PADS	FOC
JENGA WOODEN TOWER	FOC
DOMINO	FOC
CHESS AND BACK GAMMON	FOC

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