

WRZESIEŃ

YOGA w SKY VIEW LOUNGE

Poniedziałek	Wtorek	Środa	Czwartek	Piątek	Sobota	Niedziela
	1 08:00 Hatha Yoga 11:00 Yoga biodra 21:30 Yin Yoga & Meditaion	2 21:30 Yin Yoga	3	4	5	6 12:00 Yin Yoga & Guided Meditation
7 08:00 Hatha Yoga 11:00 Yoga biodra 21:30 Yin Yoga & Meditaion	8 08:00 Hatha Yoga 19:30 Inner Goddess Flow 21:30 Soft Body Reset	9 21:30 Yin Yoga	10	11	12	13 12:00 Yin Yoga & Guided Meditation
14 08:00 Hatha Yoga 11:00 Yoga biodra 21:30 Yin Yoga & Meditaion	15	16	17	18	19	20
21	22	23	24	25	26	27
28 08:00 Hatha Yoga 11:00 Yoga biodra	29 08:00 Hatha Yoga 11:00 Inner Goddess Flow	30	31			