



ELEPHANT
POINT
SPA

TREATMENT
MENU

OUR BRAND PARTNERS

BABOR

BABOR brings scientific precision and uncompromising performance — delivering clinical excellence for the globally travelled guest who expects visible, transformative results. Rooted in a devotion to innovation and efficacy, it represents refinement.

ESSE

ESSE anchors us to Africa, honouring sustainability, microbiome harmony, and the sacred relationship between skin and environment. Speaking in the language of the earth through probiotic intelligence and living formulations, it is Africa — awakened, balanced, and conscious.

THALGO

Where ocean minerals meet the wild African soul, each gesture, scent, and texture invites guests to return to a place of inner harmony. The cool breath of the sea softens into the warm savanna breeze, and in that meeting, a deeper kind of wellness is born - one that is grounding, expansive, and profoundly restorative.



THE MAGNIFICENT SEVEN

Our seven Signature Journeys honour a story deeply rooted in Africa's natural heritage. Over thirty years ago, these seven extraordinary elephant bulls; including **Dzombo, Kambaku, Mafunyane, Ndlulamithi, Shawu, Shingwedzi and João** became icons of conservation, admired for their immense strength, wisdom, and presence.

At Elephant Point Private Reserve and Spa, their legacy is reimagined through seven immersive wellness journeys, each designed to embody the quiet power, resilience, and grounding spirit of these majestic giants. Just as these elephants moved with grace through the African wilderness, our signature journeys invite guests to slow down, reconnect with nature, and surrender to a Ceremony of restoration.

ARTISTS ATTRIBUTION



Mthembe Hlelowenkosi Mofe was born in 1995, in Bulawayo Zimbabwe. In 2008 he moved to South Africa to complete his schooling. After completing his matric at Masina High School, he moved to Johannesburg in search of art institutions to further his studies. He enrolled at the Artist Proof Studio in 2015 to study printmaking. He specialises in the print mediums of linocut and etching and is currently employed as the Pro-Shop screen printer at Artist Proof Studio.



Marcus Neustetter (b. 1976, Johannesburg) is an artist working across disciplines, site-specific practice, and socially engaged interventions. Holding a Fine Arts Masters from the University of the Witwatersrand, his projects across Africa, Europe, America, and Asia balance poetic form with critical inquiry, with drawing central to his process. Fascinated by aerial perspectives on our world, he uses satellite imagery to trace lines of connection and territories of the unknown. The artworks presented here reveal the flow of water through the landscape, shaping new forms, patterns, and movements of growth of plants and animals.



SIGNATURE JOURNEY'S

Our Signature Journeys are thoughtfully curated to offer a complete sensory escape. Each experience includes a 30-minute Hot Tub ritual, accompanied by a light culinary pairing and refreshing beverages, allowing you a moment to unwind and reconnect in tranquil surroundings. To conclude your journey, you will enjoy a bespoke take-home surprise — a lasting reminder of your time spent with us.

Ndlulamithi

Where stillness restores and the body returns to ease.

A deeply soothing journey inspired by stillness and flow. Powered by THALGO's marine expertise, skin is renewed, the body softened, and tension gently released through flowing, rhythmic therapies. Warm hydrotherapy completes the experience, leaving you in a state of effortless calm.

Facial, Full Body Exfoliation and Massage.

SINGLE	DOUBLE
R5 600	R10 750
3.5hrs	3.5hrs

Mafunyane

Strength, restored through grounding and quiet resilience.

A restorative journey designed to rebalance and strengthen from within. Using the precision of BABOR, this journey refines the skin while grounding massage techniques restore a deep sense of stability and calm. A warm immersion follows, anchoring the body in stillness.

Full Body Exfoliation and Massage.

SINGLE	DOUBLE
R5 250	R10 100
3hrs	3hrs

Kambaku

An unforgettable passage into power, presence and renewal.

Our signature experience, created in honour of presence and power. This immersive journey envelops the body in rich exfoliation, deeply restorative body therapies and a crystal-infused massage that rebalances energy and releases profound tension. A tranquil soak completes this majestic journey.

Full Body Exfoliation, Body Mask and Full Body Massage.

SINGLE	DOUBLE
R6 100	R11 700
3.5hrs	3.5hrs



SIGNATURE JOURNEY'S

Dzombo

Rare, refined, and quietly transformative.

A refined journey of visible transformation and quiet luxury. Advanced BABOR skincare restores radiance and youthfulness, while body renewal therapies smooth and revitalise. Immersive warmth enhances the experience, revealing a glow that feels both effortless and rare.

Facial and Full Body Exfoliation.

SINGLE	DOUBLE
R6 900	R13 300
3.5hrs	3.5hrs

Shawu

Commanding restoration for body, mind and skin.

An indulgent, full-body journey created for complete release and restoration. Featuring the exceptional performance of BABOR, this journey melts tension, restores radiance and brings the body into perfect balance through expert touch and advanced skincare. A warm soak deepens the sense of surrender.

Facial, Full Body Massage and Foot Ritual.

SINGLE	DOUBLE
R7 800	R15 150
4hrs	4hrs

Shingwedzi

Where gentle rhythm restores flow and harmony.

A multi-sensory journey designed to restore flow and harmony. The probiotic intelligence of ESSE renews and strengthens the skin, while BELLABACCI cupping therapy stimulates circulation and releases deep-seated tension. Finished with grooming refinement and soothing warmth.

Full Body Massage, Facial Massage and Classic Pedicure.

SINGLE	DOUBLE
R5 400	R10 350
3.5hrs	3.5hrs

João

Balance, reimagined through touch and intention.

A soulful journey of restoration and balance. Guided by ESSE's advanced probiotic skincare and the therapeutic touch of BELLABACCI, this journey calms the mind, releases tension and restores natural vitality. A final moment of warmth completes the experience.

Facial, Sculpt Tension Massage and Full Body Massage.

SINGLE	DOUBLE
R6 200	R11 900
3.5hrs	3.5hrs



CLASSIC TREATMENTS

MASSAGE THERAPIES

Swedish Massage

A deeply relaxing full-body massage using flowing techniques and gentle to medium pressure to ease tension, improve circulation, and restore overall well-being.

SINGLE	DOUBLE
R1 500	R2 850
60min	60min
R2 250	R4 300
90min	90min

Aromatherapy Massage

A soothing massage inspired by traditional Swedish techniques, enhanced with a bespoke blend of aromatic essential oils to calm the mind, relax the body, and uplift the senses.

SINGLE	DOUBLE
R1 500	R2 850
60min	60min
R2 250	R4 300
90min	90min

Bellabacci Cupping Massage

A restorative massage combining rhythmic massage movements with Bellabacci silicone cupping therapy to gently release muscular tension.

SINGLE	DOUBLE
R1 500	R2 850
60min	60min

Deep Tissue Massage

A firmer massage using slow, focused movements and firm pressure to target deep-seated tension and stubborn knots. Ideal for guests who prefer a more intensive treatment.

SINGLE	DOUBLE
R1 500	R2 850
60min	60min
R2 250	R4 300
90min	90min

Hot Stone Massage

A relaxing massage enhanced by the use of heated stones that encourage blood flow throughout the body.

SINGLE	DOUBLE
R1 550	R2 950
75min	75min

Crystal Therapy Massage

A transformative massage with the holistic intention of shifting body, mind & soul out of survival mode, and into the deeply restorative and healing mode of rest and digest.

SINGLE	DOUBLE
R2 250	R4 300
90min	90min



CLASSIC TREATMENTS

Isle of Pacifique Massage

A relaxing massage ritual with warm sand pouches inspired by the rocking movement of the waves for deep relaxation and tension release.

SINGLE	DOUBLE
R2 250	R4 300
90min	90min

Journey To Motherhood Massage

A nurturing prenatal massage thoughtfully designed to support and comfort expectant mothers. Gentle techniques help relieve muscular tension, reduce swelling, and promote relaxation throughout the journey of pregnancy.

SINGLE
R1 850
75min

FACIAL THERAPIES

BABOR HSR® Facial

A Luxurious anti-wrinkle facial consisting of rich textures that are well absorbed into the skin to target fine lines and wrinkles, redefine facial contours and relax facial muscles for the ultimate skin indulging experience.

SINGLE	DOUBLE
R2 500	R4 800
60min	60min

ESSE Probiotic Facial

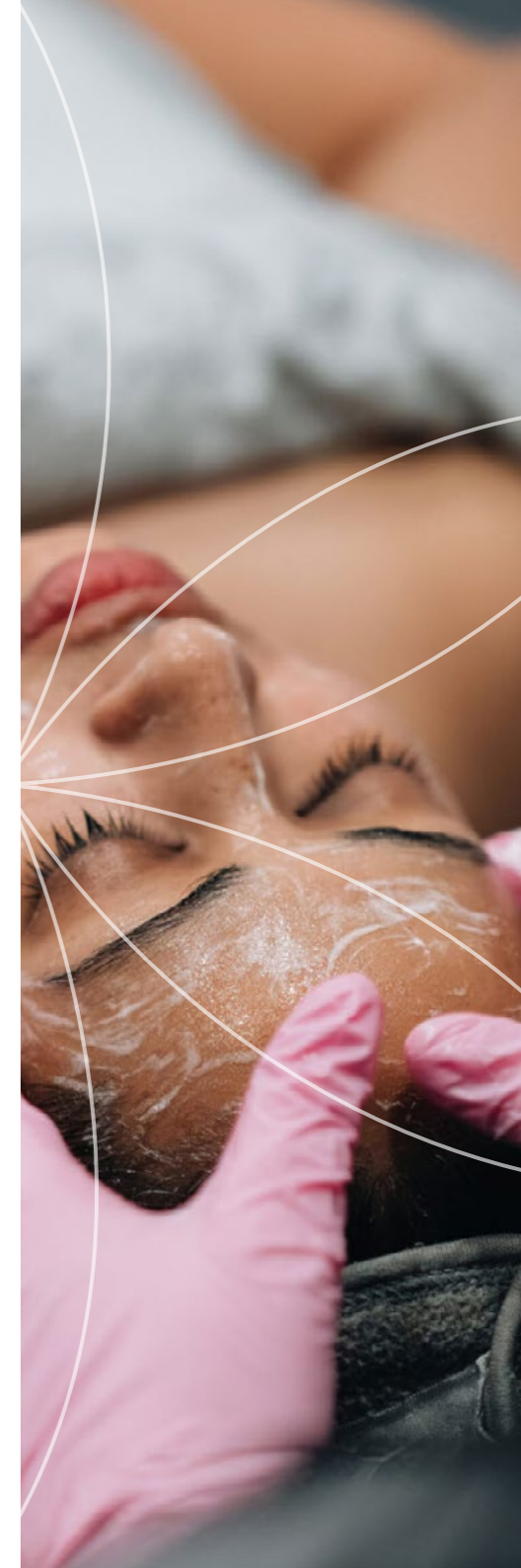
A powerful age-defying treatment using live probiotics to rebalance the microbiome, strengthen the barrier, and leave the skin lifted, radiant, and revitalised.

SINGLE	DOUBLE
R2 200	R4 200
75min	75min

THALGO Prodige Des Océans Facial

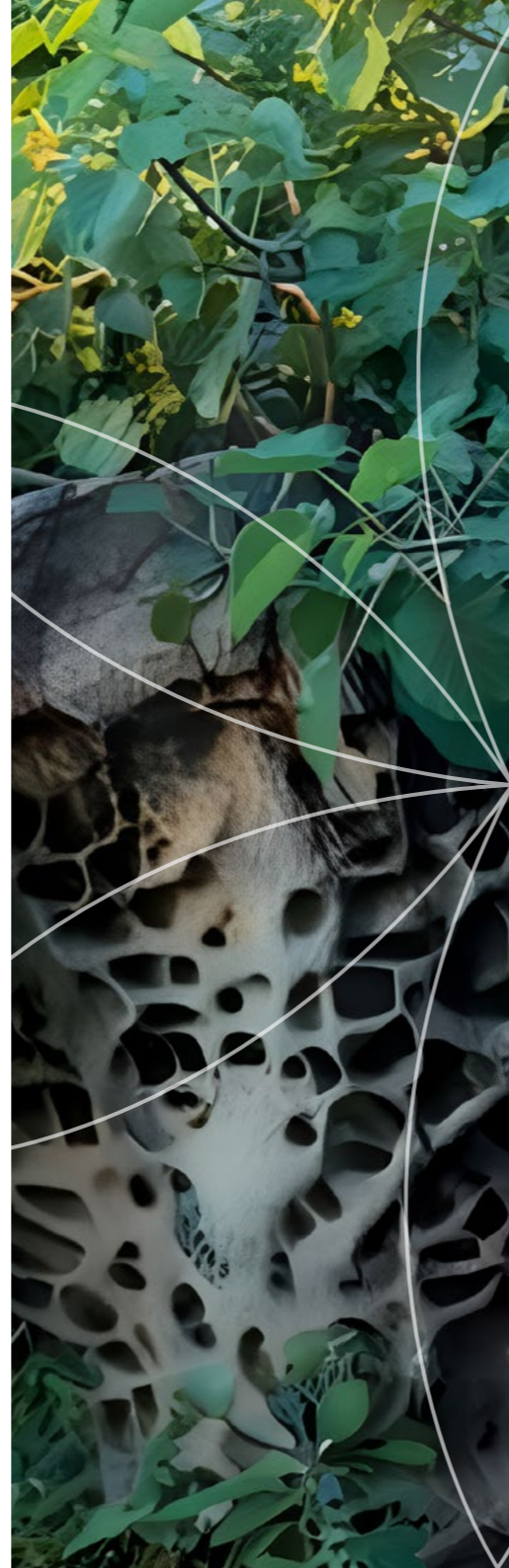
A luxurious youth-restoring ritual designed to smooth, firm, and illuminate the skin. Combining exclusive marine actives with sculpting Ko Bi Do-inspired massage techniques, this luxurious treatment deeply revitalises the skin while promoting complete relaxation and renewal.

SINGLE	DOUBLE
R2 500	R4 800
60min	60min



TREATMENT ADD-ONS

Back Neck & Shoulder Massage	R1 150 45min
Pressure Point Foot Massage	R1 150 45min
Rose Salt and Coconut Scrub	R1 150 30min
Rooibos and Citrus Scrub	R1 150 30min
Scalp Tension Release Massage	R1 150 30min
Esse Express Facial	R1 150 30min
Classic Luxe Pedicure	R 950 60min
Classic Luxe Manicure	R 850 60min
Muscle Ease Body Mask	R1 450 45min
Bye Bye Blues Body Mask	R1 450 45min
Gel Application	R 450 30min
Gel Soak Off	R 450 30min



SPA ETIQUETTE

Booking policy and Cancellation policy

A 50% deposit payment upfront is required in order to secure your booking. Please note that full treatment fees will apply in the event of a no-show. Late arrivals may result in a shortened treatment duration or, depending on the extent of the delay, may be considered a no-show.

A 100% upfront payment is required for group bookings, to secure your booking. Please provide the Spa with 7 days notice for the cancellation of group bookings in order not to incur any cancellation charges. If a 7 day cancellation is not provided, 100% of your total treatment value will be charged. Kindly note that we do not provide refunds on retail products purchases.

Arrival

Prepare for your Spa experience by arriving 30 minutes prior to your appointment time to allow for the check-in process. All appointments will end at their scheduled time in order that the next guest is not delayed or inconvenienced. Treatment times include the Spa's welcome ritual.

Attire

For your Hot Tub experience, please ensure that you bring along your swim suites. Treatments are offered in our Wellness pods and are exclusively yours during your treatment. Personal belongings can be kept in the pod. A gown, slippers and disposable underwear are provided for your comfort.

Consultation

All guests are required to complete a mandatory consultation card before their treatment so that our therapists can prepare and personalise your experience.

Facilities

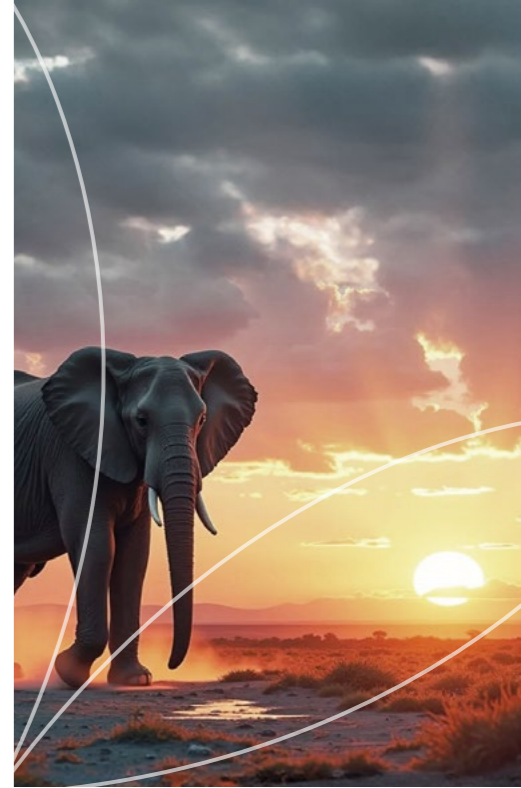
Guests are more than welcome to help themselves to our complimentary refreshments. Please note that the Hot Tub experience is exclusively included as part of our Signature Journeys. Should you wish to enjoy the Hot Tubs outside of a Signature Journey booking, kindly speak to our Spa Reservations Team, who will gladly assist you.

Homecare

To continue your Spa experience at home, products used during your treatment can be purchased at the Spa reception, where your therapist will be delighted to advise you on the most suitable products for your needs.

Disclaimer

Access to and use of Elephant Point Spa's facilities and equipment are undertaken at your own risk. The Elephant Point Spa, its management, therapists, and the lodge owners and staff shall not be held liable for any loss, injury, damage, claims, or compensation. By entering our premises, you acknowledge and accept this policy, waiving any and all claims against these parties.





SPA CONTACT DETAILS

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VOUCHERS SALES
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OPERATING HOURS

Monday – Saturday: 9h00 – 19h00
Sunday & Public Holidays: 9h00 – 16h00

MAKE A BOOKING

