



FOREST PARK
RESORT & SPA



SPRING AT THE FOREST SPA

SPECIAL OFFER MAY 1-3, 2026

*offer cannot be combined with other promotions

DETOXIFICATION CEREMONY

A gentle exfoliation prepares the skin for a relaxing massage with nourishing citrus oil. Fresh aromas energize, improve mood, and introduce you to a springtime atmosphere.

Price: PLN 390 | 50 minutes

GLOW IN THE SPRING Exclusive Facial Massage with Cryotherapy

A luxurious skincare ritual. This massage, enriched with cryotherapy, has a refreshing and stimulating effect. Skin is left visibly smooth, rested, and full of vitality.

Price: PLN 340 | 40 minutes

SILK LEG THERAPY Regenerating Ritual for the Legs

An exclusive treatment, perfect for active individuals. Using carefully selected massage techniques and reflexology, it restores lightness, comfort, and elegant smoothness to the legs.

Price: PLN 360 | 50 minutes

THAI BODY PEELING

This unique ritual effectively removes dead skin, smooths the skin, and prepares it for further regeneration. The treatment includes 50 minutes of gentle exfoliation combined with harmonious, relaxing massage movements.

Price: PLN 390 | 50 minutes



THAI HEALTH MASSAGE FOR HEALTH AND HARMONY

A unique massage inspired by traditional Thai medicine. This holistic ritual restores balance to the body and mind. Using acupressure and gentle stretching, it reduces tension and restores the free flow of energy throughout the body.

Price: PLN 390 | 50 minutes



 **AMARI**
TAJSKI MASAŻ



Discover our
entire SPA offer
opening hours
10:00 - 22:00


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★ ★ ★ ★

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