



GLOUCESTER
ROBINSWOOD
HOTEL

SPA TREATMENTS

Experience rejuvenation with our luxurious treatments, using the finest products and customised blends for your unique needs.

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We have worked with the renowned **Amethyst Trust** to create an adapted menu of our wonderful **TEMPLESPA** treatments that are suitable for clients who are medically frail, recovering from illness or are immunocompromised such as those with or recovering from cancer. These bespoke and customisable treatments allow the therapist to adapt to suit the clients needs. Treatments that are part of the Amethyst Trust collection are highlighted throughout the treatment menu.



FACIALS

TEMPLESPA MY KINDA SKIN | PRESCRIPTION FACIAL

50 minutes – from £70.00

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage. You will feel amazing and your skin transformed.

Amethyst Trust approved.

TEMPLESPA THE TOTALLY QUENCHED AND DRENCHED | REHYDRATING FACIAL FOR THIRSTY SKIN

50 minutes – from £75.00

This divine treatment includes a cryogenic mask, intense eye therapy, lymph draining and lifting massage techniques and a special remedy to encourage deep hydration and eliminate fine lines. You could call it a facial iron!

BOOK NOW

TEMPLESPA THE SKIN SMOOTHIE | EXPRESS FACIAL FOR ALL SKIN

30 minutes – from £50.00

This revitalising facial includes a deep power cleanse, nutritious skin scrub, lymph drainage techniques for rapid turnaround topped off with a wake-up scalp massage.

TEMPLESPA WINDOWS OF THE SOUL | ANTI AGING EYE TREATMENT

30 minutes – £55.00

This results-driven eye treatment is designed to deliver speedy results for tired, dull and puffy eyes. A pressure point eye massage lifts, firms and smooths eyes preparing them for the application of WINDOWS OF THE SOUL; a lightweight anti-ageing eye cream to hydrate, reduce puffiness and treat dark circles.





BODY MASSAGES

TEMPLESPA DRIFT AWAY | RELAXING AROMATHERAPY MASSAGE

50 minutes – from £70.00

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our award-winning aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away... stay awake if you can zzzzzzz! *Amethyst Trust approved.*

TEMPLESPA WORK IT OUT | REVIVING DEEP TISSUE MASSAGE

50 minutes – from £75.00

A detoxifying, deep tissue massage that works out tired, aching muscles and overworked limbs. Using the ingenious WORK IT OUT muscle-tox massage oil with Mediterranean essential oils of Juniper, Lavender and Cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out – untangle knot and ease tension and tightness. Better all round!

BOOK YOUR MESSAGE



BODY TREATMENTS

TEMPLESPA AAAHHH! | REVIVE AND ENERGISE
FOOT AND LEG TREATMENT

30 minutes – from £50.00

This oh-so-good treatment is instant relief for tired, over worked legs and feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment. *Amethyst Trust approved.*



TEMPLESPA MY KINDA MOOD |
PRESCRIPTION FACE AND BODY EXPERIENCE
110 minutes – from £130.00

Not sure what you'd like? Then this is the ideal treatment for you. First, we'll help you choose the aromatherapy oil to match your mood. Then we'll take care of you with a tailored, results-driven full body massage, followed by a bespoke facial. Step off the bed feeling all the better for it.

30 minute
body treatments
from only £50.00

BOOK NOW





SIDE ORDERS

Have you ever had a treatment and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we offer a targeted selection of “**add ons**” to your main treatment. These can be added to any facial, massage or body treatment.

TEMPLESPA PURIFY AND BALANCE FOOT RITUAL

15 minutes – from £20.00

TEMPLESPA HYDRATE AND SOOTHE HAND RITUAL

15 minutes – from £20.00

TEMPLESPA RELAX AND RESTORE HOT OIL SCALP

15 minutes – from £20.00

FACIAL WAXING

Eyebrow shape

20 minutes – from £20.00

Lip or chin wax

10 minutes – from £10.00

Lip and chin wax

15 minutes – from £15.00

TINTING

Eyebrow tint

15 minutes – from £10.00

Eyelash tint

20 minutes – from £15.00

A patch test is required within 24hrs of the treatment at the hotel.

GEL POLISH APPLICATION

Gel nails manicure or pedicure

30 minutes – from £45.00

File, cuticle work and gel polish application.

Please ensure you show up to your appointment without any polish.

Gel polish removal

30 minutes – from £25.00

Removal of The Gel Bottle product only.

We cannot remove any other brand.



BOOK NOW

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Find us: Gloucester Robinswood Health Club and Spa,
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