

La Vita SPA

- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Please cancel more than 48 hours before your treatment to avoid paying for such treatment.
- Late arrivals will result in reduced treatment time, without credit.
- Treatments and packages are non-refundable, and non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Benefits at selected Spas.



La Vita SPA

| | | |
|--------------------|------------------------------------|---------------------|
| • Ballito | : La Montagne Hotel & Spa | +27 (0) 32 946 1356 |
| • Belfast | : Kloppenheim Country Estate & Spa | +27 (0) 13 256 9148 |
| • Brits-North West | : Magalies Park Resort & Spa | +27 (0) 12 207 9000 |
| • Cape Town | : Mount Sierra Resort & Spa | +27 (0) 21 424 1685 |
| • Cape Town | : Riviera Suites Resort & Spa | +27 (0) 21 434 1040 |
| • Drakensberg | : Drak.Gardens Resort & Spa | +27 (0) 33 701 1355 |
| • Drakensberg | : Monks Cowl Resort & Spa | +27 (0) 36 468 1300 |
| • Garden Route | : Garden Route Casino | +27 (0) 44 606 7656 |
| • Harrismith | : Qwantani Resort & Spa | +27 (0) 58 623 0882 |
| • Kokstad | : ANEW Resort Ingelli Forest | +27 (0) 39 553 0600 |
| • Gauteng | : ANEW Hotel OR Tambo | +27 (0) 11 421 5310 |
| • Margate | : Margate Sands Resort & Spa | +27 (0) 39 312 8100 |
| • Margate | : La Côte d'Azur Resort & Spa | +27 (0) 39 312 1521 |
| • Mooi River | : Midlands Resort & Spa | +27 (0) 33 263 2758 |
| • North Beach | : The Palace Hotel & Spa | +27 (0) 31 332 8351 |
| • Port Edward | : Caribbean Estate | +27 (0) 39 311 1312 |
| • Scottburgh | : Selborne Hotel & Spa | +27 (0) 39 688 1800 |
| • Umhlanga | : Breakers Resort | +27 (0) 31 561 2285 |
| • Vryheid | : Natal Spa Hotspings Resort & Spa | +27 (0) 34 995 0300 |
| • West Coast | : Club Mykonos Resort & Spa | +27 (0) 22 707 7174 |

Head Office: ☎ 0860 567 567
www.lavitaspas.com

Join Lifestyle Rewards today
 and save 20%

La Vita SPA



Treatment Menu

Luxury Treatments

Body Treatments

| | | |
|--------------------------------------|-------------|-------|
| Hands & Feet Deluxe | (50min) | R550 |
| Back Rejuvenation | (50min) | R600 |
| Full Body Exfoliation | (50min) | R600 |
| Pride of Italy Exfoliation & Massage | (1hr 40min) | R1000 |

Luxurious Massages

| | | |
|--------------------------------|---------|-------|
| Indian Head Massage | (50min) | R550 |
| Destress Back & Foot Massage | (50min) | R600 |
| Roman Royalty Swedish Massage | (50min) | R600 |
| Aromatherapy Full Body Massage | (50min) | R660 |
| Hot Stone Full Body Massage | (80min) | R790 |
| Couples Full Body Massage | (50min) | R1150 |

Exotic Facials

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|-----------------------------|---------|------|
| Classic Soothing Facial | (50min) | R600 |
| Super Extraction Facial | (80min) | R850 |
| Ultimate Anti-Ageing Facial | (80min) | R850 |

Manicures & Pedicures

| | | |
|----------------------------------|---------|------|
| Spa Manicure | (50min) | R350 |
| Spa Pedicure | (50min) | R350 |
| Spa Paraffin Manicure | (80min) | R440 |
| Spa Paraffin Pedicure | (80min) | R440 |
| Foot File, Exfoliation & Massage | (50min) | R440 |
| *Spa Jelly Pedicure | (50min) | R400 |
| *Foot Peel | (50min) | R400 |

Pamper Packages

Sicilian Body Shot

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| Foot Massage, Full Body Massage, Head Massage, Meal & Drinks. | (3hours) | R1350 |
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Heavenly for Him

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|---|-------------|-------|
| Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage, Meal & Drinks. | (2hr 40min) | R1350 |
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Girlfriends Package

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| Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage, Meal & Drinks. *Price per person | (4hr 50min) | R1450 |
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Mother & Daughter Bonding

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| Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage, Meal & Drinks. *Price per person | (3hr 20min) | R1590 |
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Sunset Package

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| Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet, Meal & Drinks. | (4hr 20min) | R1800 |
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Couples Paradise

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| Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of Sparkling Wine, Meal & Drinks. *Price per couple | (4hr 40min) | R4000 |
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Beauty Treatments

Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.

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|--------------------------|---------|------|
| Kids Facial | (50min) | R330 |
| Kids Manicure & Pedicure | (50min) | R330 |
| Kids Full Body Massage | (50min) | R330 |

Tinting

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|------------------------|---------|------|
| Eyelash / Eyebrow (ea) | (20min) | R 80 |
|------------------------|---------|------|

Waxing

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|--------------------------------------|---------|------|
| Upper Lip / Chin / Eyebrow (ea) | (20min) | R 70 |
| Side Burns / Tummy / Under Arms (ea) | (20min) | R 80 |
| Half Leg / Full Face / Bikini (ea) | (40min) | R130 |
| Full Back / Brazilian (ea) | (50min) | R200 |
| Full Leg / Full Arm (ea) | (50min) | R200 |
| Hollywood Wax | (50min) | R300 |

*Fabulous Gel/Acrylic Nails

| | | |
|-------------------------------|---------|------|
| Overlays - Hands or Toes | (50min) | R260 |
| Extensions - French or Colour | (80min) | R350 |

*Specialised Treatments

| | | |
|-----------------|---------|------|
| Swiss Body Wrap | (50min) | R500 |
| Lash Lifts | (50min) | R550 |
| Dermaplaning | (50min) | R500 |

* Available at selected Spas