

HOUSE TREATMENTS MIKROKLIMAT SPA & WELLNESS

Touch of Nature – relaxing shoulder, neck and head massage with sea buckthorn oil

• **30** min / 230 PLN

Breath of Pieniny – relaxing sea-buckthorn ritual with peeling and body massage

• **75 min** / 450 PLN

SEASONAL TREATMENTS

Path of Renewal – facial treatment to discover the youthful glow of the skin

• 45 min / 330 PLN

Harmony of the Mountains – Relaxing massage with shea butter, preceded by peeling

• 60 min / 330 PLN

Fragrance changes depending on the season.





NURTURING RITUALS

Elixir of life – a rejuvenating, stress-relieving and calming treatment.

A luxurious peeling-mask, a wealth of oils and extracts, accompanied by aloe vera butter and white clay, will leave the skin regenerated and brightened.

• 75 min / 450 PLN

Aromatic journeys – peeling, massage, mask. Individually personalised fragrance composition.

• 90 min / 480 PLN

Scens - Ory Luxury Experience – facial care + massage & body peeling - 360° sensual ritual combining lifting treatment with facial massage LIFT by SCENS alleviates wrinkles, improves facial oval. Aromatic body massage and effective exfoliation.

TREATMENTS FOR THE FACE, NECK AND DÉCOLLETÉ

SOTHYS

Thermal water – soothing treatment for sensitive skin

• 50min / 330 PLN

Pigmentation Management – brightening treatment, reducing discolouration

• 75min / 430 PLN

BP3 Intensive rejuvenating treatment TRI-COMPLEX – saffron, sofora, peptides

• 75min / 480 PLN

Hydra Hyaluronic – intensive moisturizing treatment

• **75min** / 430 PLN

SCENS

Beauty Detox Skin – ultra detoxifying treatment for contaminated skin

• 75 min / 530 PLN

Hydra Defense – moisturizing treatment for all skin types. Improves smoothness and elasticity

• 60 min / 350 PLN

Eternal Lift Experience – lifting treatment for skin requiring improvement of contours

• **75** min / 550 PLN



FACIAL TREATMENTS WITH EQUIPMENT

Rejuvenating Profacial 4in1 treatment – a deep cleansing and rejuvenating effect on the face, achieved through the action of hydradermabrasion, multipolar, radio waves, iontophoresis and ultrasound.

• 75 min / 550 PLN

Cleansing with water / cavitation peeling with a mask
• 40 min / 290 PLN

Vinushape – a combination of radio waves, vacuum and LED, improves the appearance of the skin, rejuvenates, lifts and reduces puffiness under the eyes.

• Face and eye area 40 min / 320 PLN

BODY CORRECTING TREATMENTS

Bio Detox – modelling body treatment, supports the reduction of cellulite. Deeply moisturizes and firms.

• 60min / 410PLN

Vinushape ultrasound cavitation – application of radio waves, ultrasound, vacuum and LED, in order to improve the appearance of the skin, modelling of the silhouette, reduction of fat tissue and cellulite.

• arms / calves 30 min / 290 PLN

abdomen and waist 40 min / 330 PLN

• thighs front and back and buttocks 50 min / 380 PLN

MASSAGES

Absolute Relax massage

- 30 min / 210 PLN
- 50 min / 320 PLN

Absolute Decontract massage

- 30 min / 220 PLN
- 50 min / 330 PLN

Anti-stress head and body massage with hemp oil

- 30 min / 220 PLN
- 50 min / 330 PLN

Aromatic candle massage

• **50 min** / 350 PLN

Massage 360° Experience - relaxing face and body massage $\,$

• 75 min / 450 PLN

Hot stone / herbal stamp massage

• **75 min** / 450 PLN

Classical massage

- **25 min** / 230 PLN
- 50 min / 350 PLN

Kobido massage

•60 min / 390 PLN





CHILDREN'S MASSAGES (4-10 years old)

Kinder Chocolate – a gentle massage with warm chocolate
• **25 min** / 200 PLN

Fruity Joy – body massage with aromatic shea butter
• 25 min / 190 PLN



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