



MIKROKLIMAT
SPA & WELLNESS

WEJDŹ
DO ŚWIATA
RELAKSU

HOUSE TREATMENTS MIKROKLIMAT SPA & WELLNESS

Touch of Nature – relaxing massage with sea buckthorn oil:

- **shoulders, neck and head** • **30 min** / 250 PLN
- **body and head** • **50 min** / 350 PLN

Breath of Pieniny – relaxing sea-buckthorn ritual with peeling and body massage

- **75 min** / 460 PLN

SEASONAL TREATMENTS

Path of Renewal – to discover your skin's youthful glow season after season

- **45 min** / 330 PLN

Harmony of the Mountains – Relaxing massage with shea butter, preceded by peeling.

- **60 min** / 380 PLN





BODY CORRECTING TREATMENTS

Bio Detox – modelling body treatment, supports the reduction of cellulite. Deeply moisturizes and firms.

• **60min** / 410PLN

Vinushape ultrasound cavitation – application of radio waves, ultrasound, vacuum and LED, in order to improve the appearance of the skin, modelling of the silhouette, reduction of fat tissue and cellulite.

• **arms / calves** **30 min** / 290 PLN

• **abdomen and waist** **40 min** / 330 PLN

• **thighs front and back and buttocks** **50 min** / 380 PLN

TREATMENTS FOR THE FACE, NECK AND DÉCOLLETÉ

SOTHYS

Thermal water – soothing treatment for sensitive skin

• **50min** / 330 PLN

BP3 Intensive rejuvenating treatment TRI-COMPLEX –

saffron, sofora, peptides

• **75min** / 480 PLN

Hydra Hyaluronic – intensive moisturizing treatment

• **75min** / 430 PLN

Men's Power – a treatment designed specifically for men's skin.

It effectively cleanses, intensely moisturizes, and restores the skin's vitality and healthy appearance.

• **75 min** / 450 PLN

SCENS

Beauty Detox Skin – ultra detoxifying treatment for contaminated skin

• **75 min** / 530 PLN

Hydra Defense – moisturizing treatment for all skin types.

Improves smoothness and elasticity

• **60 min** / 360 PLN

Eternal Lift Experience – lifting treatment for skin requiring improvement of contours

• **75 min** / 550 PLN



Lifting Kobido – An intense, lifting facial massage derived from Japanese traditions. It stimulates facial muscles and improves circulation. It smoothes the skin, improves its firmness, and supports natural regenerative processes, resulting in a rejuvenating and radiant effect.

• **60 min** / 390 PLN



FACIAL TREATMENTS WITH EQUIPMENT

Rejuvenating Profacial 4in1 treatment – a deep cleansing and rejuvenating effect on the face, achieved through the action of hydradermabrasion, multipolar, radio waves, iontophoresis and ultrasound.

• **75 min** / 550 PLN

Cleansing with water / cavitation peeling with a mask

• **40 min** / 290 PLN

Vinushape – a combination of radio waves, vacuum and LED, improves the appearance of the skin, rejuvenates, lifts and reduces puffiness under the eyes.

• Face	• 40 min / 310 PLN
• Eye area	• 20 min / 230 PLN

MASSAGES

Absolute Relax Massage – envelops the body and senses with bergamot and lavender oils. Designed for those who want to escape their daily routine and regain inner harmony:

- 30 min / 210 PLN
- 50 min / 320 PLN

Anti-Stress Massage – relaxes and oxygenates the muscles, releasing accumulated tension. An oil blend based on hemp and arnica soothes mental and physical stress:

- 30 min / 220 PLN
- 50 min / 330 PLN

Classic Massage – an intensive therapeutic treatment that reduces muscle tension and pain:

- 30 min / 250 PLN
- 50 min / 350 PLN

Herbal Stamp Massage – The heat from the steam-heated stamp penetrates deep into the muscles, effectively relaxing them, alleviating tension and pain. The herbs support the body's detoxification, improve circulation and nourish the skin. It has a soothing effect on the nervous system and reduces stress.

- 75 min / 450 PLN

Hot Basalt Stone Massage – A deeply relaxing treatment that utilizes the natural heat of heated stones. The treatment provides a sense of relaxation and regeneration and restores balance to the body and mind.

- 75 min / 450 PLN



NURTURING RITUALS

360° Experience Ritual – a relaxing face and body massage with Indian hemp oil, arnica, patchouli, and clove oil.
• 75 min / 450 PLN

Aromatic Candle Ritual – The warmth of melted wax relaxes tensed muscles, improves circulation, and induces a state of deep relaxation. Intensely nourishes the skin.
• 50 min / 350 PLN

Elixir of Life – a rejuvenating, stress-relieving, and calming treatment. A luxurious scrub-mask, rich in oils and extracts, combined with aloe vera butter and white clay, ensures that the skin is regenerated and brightened.
• 90 min / 510 PLN

Scens – Ory Luxury Experience – facial treatment + body massage & scrub – a 360° sensual ritual combining a lifting treatment with the LIFT by SCENS facial massage to reduce wrinkles and improve facial contours. An aromatic body massage and an effective exfoliating scrub.
• 120 min / 790 PLN

CHILDREN'S MASSAGES (4-10 years old)

Kinder Chocolate – a gentle massage with warm chocolate • 25 min / 200 PLN
Fruity Joy – body massage with aromatic shea butter • 25 min / 190 PLN





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