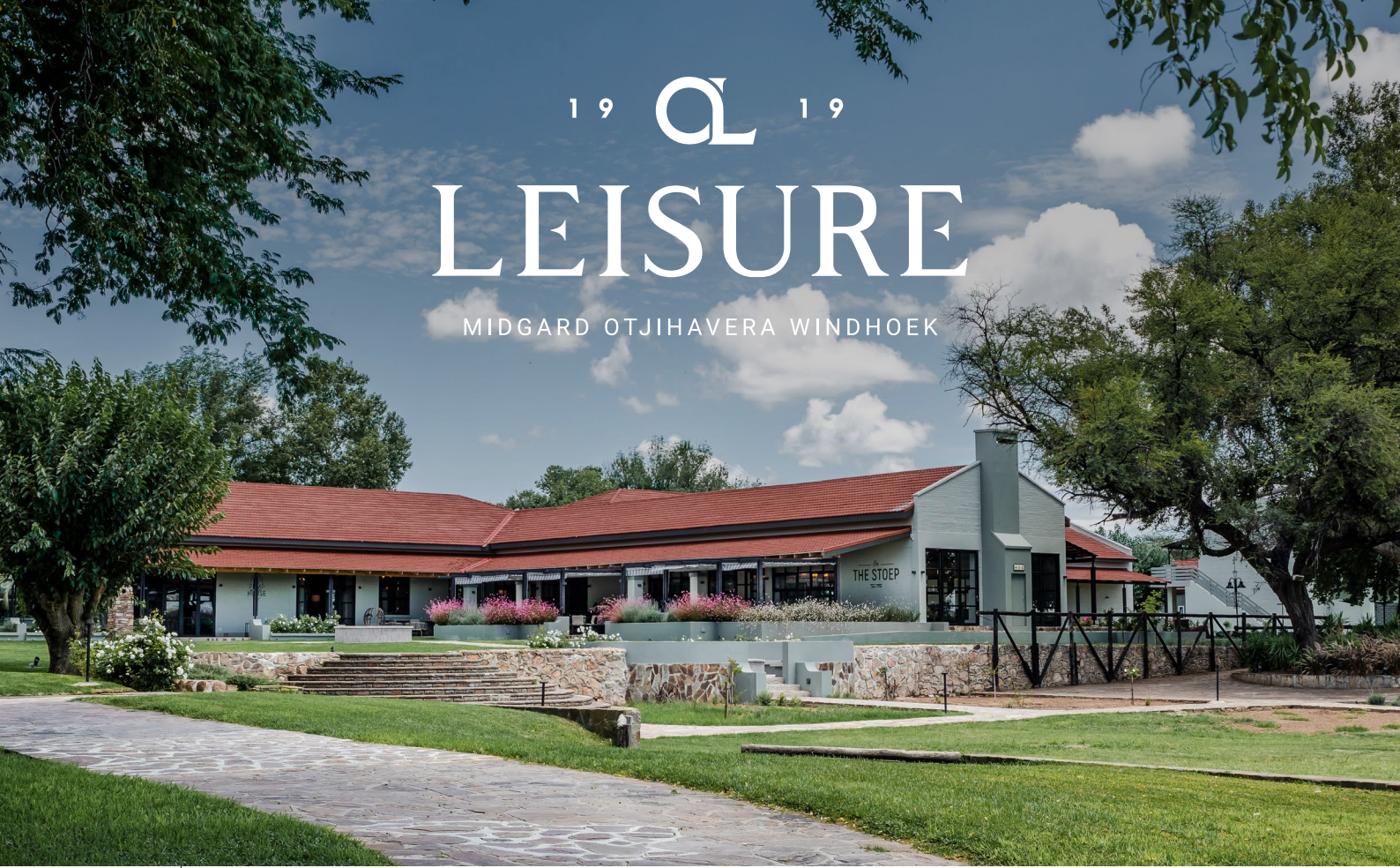


19  19

# LEISURE

MIDGARD OTJIHAVERA WINDHOEK



WELCOME TO

# UNPARALLELED EXPERIENCES





WELCOME TO

# MIDGARD OTJIHAVERA WINDHOEK

It is with great joy that we welcome you to Midgard. We hope you enjoy visiting our charming old farm!

A home-away-from-home for all, Midgard strives to bring you an incomparable sense of belonging and warmth. Our stunning farm is situated on bountiful, vast grounds, deep in the unspoiled Otjihavera Mountains.

In 1937, Carl List, well known Namibian business entrepreneur and founder of the Ohlthaver & List Group of companies, made the decision to acquire what would become a family farm, steeped in Namibian history, tradition and strong family values. His son, Werner List took the reigns in the early 1960s and continued with the estate heirloom. The exquisite Midgard was converted into a fully fledged lodge in 1993. In 2002 Sven Thieme, grandson of Werner List, was handed the torch at Ohlthaver & List.

A place filled with dedication to keep carrying Carl List's strong sentiments, Midgard now houses an elegant collection of beautiful rooms that are accompanied with charming amenities for your stay. These include Hilde's Gemüsegarten (Hilde's vegetable garden), Christa's stables and Oubaas' Auto Museum.

To add to its charm, the surrounding land is full of breathtaking scenery that can truly be appreciated from our hilltop while having a sundowner.

At Midgard, we strive to give you a place where you know you can relax and revel in the midst of natural magnificence and great service.

We're here to ensure that you create everlasting memories. Enjoy your stay.



## THE MIDGARD FAMILY



Carl List



Werner List with grandchildren  
Sonja & Sven Thieme

Our employees are dedicated to making your stay as comfortable as possible. If there's anything you need, do not hesitate to contact reception any time.



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THE STORIES

# BEHIND THE NAMES

## MEETING AREAS

### MWENYOPALEKA CONFERENCE CENTRE

Mwenyopaleka was chosen to welcome a new chapter for O&L, a chapter of innovation and breakthrough leadership. Mwenyopaleka means "rebirth" and perfectly encapsulates the breakthrough leadership that O&L lives and breathes. With the new culture and values that were established, O&L World was launched to provide the perfect place to continue creating a future, enhancing life.

### THE BARN

Werner List was exceptionally keen on farming and enjoyed the demands and rewards that came with it. As soon as the farm was obtained, one of the first things to be built was a barn. Each barn had the crucial task of storing food, the source of energy that sustained life on the farm.

### THE WORKSHOP

According to Werner List, every farm had to have a fully equipped workshop (never mind whether it was actually used), to meet whatever needs might arise. To stock his workshops, Mr. List bought most of his equipment and tools second-hand and mainly tracked down his must-have tools. After two or three auctions where he bought everything on offer, he had gained a reputation for being such a determined buyer that some would simply leave if they found him at an auction.

Some of our buildings and landmarks at Midgard have their own unique and special names. Midgard has a rich heritage, rooted deeply in the List family and it is with great pleasure that we share the stories behind some of the names. Take a walk and explore some of the stories on the various signs around the estate!

### ON THE STOEP

Sitting on the stoep, or veranda and seeing the sun set was one of Hildegard List's favourite pastimes. In the family's pursuit of the ideal lookout spot, they found themselves caught in a cycle of having a stoep, putting a roof over it, enclosing it completely and building another, new stoep.

### THE PUMPHOUSE

There is no overstating the value of water and so the task of water pumps is not merely to make sure water flows to all the points where it is needed, but to bring life to all those points as well. To protect this vital resource, every water pump on Werner List's farms, no matter how small, had to be sheltered within its own pumphouse.

### THE SERVICE PIT

Being without the luxury of a service station around the corner and needing to keep the cars and machinery on his farms running, Werner List made sure every farm had its own service pit. The descent into a service pit gives you the right point of view to get to the heart of the problem. Likewise, a trip to Midgard's underground wine cellar might also provide you with the resources to see things from a refreshed perspective.

### BALI BOMA

Werner List seldom travelled, but when he did, he felt the need to recreate the special sights he came across on his explorations - usually in unexpected ways. Fascinated by different architectural styles, a trip to Bali left Werner List in awe of the island's multi-roof structures. This inspired him to build Bali Boma, Midgard's striking thatched pergola.



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## GUEST ACCOMMODATION

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### LIST HOUSE

On his travels through Bavaria, Werner List was struck by the German architecture of that region, characterised by its low-angled roofs and decorative trim. Intent on bringing a piece of this home, he requested List House to be constructed in a similar fashion when it was built in the 1980s. Although many of the ornate features are no longer visible, its impressive form can still be admired.

### OLD FARMHOUSE

Infused with the quintessential character of the classic Bauernhaus, charming yet striking, the Old Farmhouse is one of those places that has always felt like home - having also been Werner List's own childhood home. With walls tinged with faded memories, the farmhouse remains a place of the past, preserved.

### HANSENDAMM

The story behind the Hansendamm surely caused Werner List much frustration in his day, but one cannot help but look back on it with a note of levity. Prudently recounted, lest his workmanship be discredited, Werner List would slap on layer after layer to fix the dam's reappearing leaks. Hopeful that each repair would be the last, alas, time after time the writing was on the wall.

### MIDGARD MITTE

Midgard Mitte – the middle of Midgard – or thereabouts. Strictly speaking, it was originally in the middle before northern farmland was sold. It is currently situated more towards the north and although it may have lost its geographical interpretation, it maintains its sentimental meaning as the heart of Midgard. Much like the human heart rests slightly towards the left, it is more fitting that Midgard Mitte be situated off-centre too.

### KORUSEPA HOUSE

Korusepa meaning “thread”, alludes to the interlaced lines and rocky strands running through Midgard's mountainous terrain, as well as the glistening river and its related streams which resemble the finest golden fibres when seen from above.

### GOD'S WINDOW

Midgard's highest point and panorama of creation, God's Window shares the tendency of other great heights that evoke deep contemplation. Although one cannot escape the limitations of the human eye, this vantage point elevates the earthly perspective to a heavenly point of view and offers a glimpse of infinity, a peak through God's Window.



## DID YOU KNOW?

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The wooden support beams found in the roof of the old List House originated from the keel of the former Hangana pelagic trawlers. Today, these beams have been repurposed and are on proud display below the portrait of Werner List in The Barn.





#### OKATJEMISE COURT

Okatjemise – a place that presents problems. In this account, the cattle farmers of the valley below the Okatjemise pass came to realise the grass of the valley was fattening their cows to such a degree that they struggled to make their way up the pass. True to its name, it created an uphill battle for all involved.

#### KAMELDORN SCHWELLE

The Kameldorn or Camelthorn tree, is a fierce protector of all who experience the wonders of Midgard. It stands to reason why many of them reside in the 'Schwelle' (threshold) and beyond, namely in the riverbed as one nears Midgard. Here, they warmly welcome visitors and parade their long thorns which promise to guard the beautiful memories to be made within the gardens of Midgard. Werner List was a great protector of these magnificent trees, so much so, that he would build around them, even making a hole in the roof of a building for the Camelthorn tree to continue growing there.

#### SWAKOPTAL

The sight over the Swakoptal – or Swakop Valley – looks as if nature had excavated the land and unearthed a trough lined with lushness and watered by a shining stream running through the centre. That stream is the Swakop River, flowing alongside Midgard and sustaining the fertile valley and the soils within its reach.

#### HOCHLANDECK

Like a prospector who had struck gold, Werner List knew he had hit on something special when he found what he came to call Hochlandeck or Highland Corner. Named after its raised, westerly position, the land was lush feeding ground for cattle, but came with a literal uphill battle in pumping water up the mountain. Werner List prevailed and the cattle could finally enjoy the nutritious land.

#### WERNER'S TRAIN STATION

Moved by his love of trains, Werner List was bent on accumulating a collection of his own at Midgard but came to face disobliging conditions, namely the lack of railroad tracks. Unfazed, he ensured the safe arrival of the trains which have served as accommodation ever since. As to how he did it - this may well be a tale of trains forever riddled with mystery.



#### KREUZBERG VIEW

Translated to the mountain with the cross, but in this instance one bereft of religious significance. The cross originally served only as a beacon, marking a point where the view was vast and glorious.

The mountain eventually became the resting place of Werner List's ashes and the cross could finally fulfil a higher purpose.



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## PLACES OF INTEREST

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### MIDGARD KAPELLE

A chapel open to one and all. While being a popular venue for the exchanging of wedding vows, Midgard Kapelle caters to all religions with doors open to observances, celebrations and those merely seeking a space for meditation.

### CHRISTA'S STABLES

For Christa List, Werner List's daughter, there was nothing like the rides and escapades she had with the steeds she so adored. As she grew older, she shared this love with the next generation of children in the family which nurtured their respect for all living creatures.

### EICHBAUM STABLES

These stables take their name from the List family's horse, Eichbaum, which was imported from Germany and stabled at Midgard. A horse of the renowned Hanoverian breed, Eichbaum was even selected for breeding in South Africa. With the Lists being a family of passionate horse riders, they found a true companion in Eichbaum and these stables memorialise that bond.

### OUBAAS' AUTO MUSEUM

"Another one!" Hilde List would remark without batting an eye as she looked out the window and saw Werner List coming home in yet another car for his collection. Being a car fanatic, Werner was always on the lookout for a new vehicle and this museum allows us to celebrate some of those very cars from his day.

### HILDE'S GEMÜSEGARTEN

Of all the thumbs in the household, Hilde List arguably had the greenest thumb and her Gemüsegarten, or vegetable garden, supported that assertion. Her harvests were of such quality that she would hop in the old family bakkie – which can be found in Oubaas' Auto Museum – and sell her vegetables to a selection of supermarkets and hotels in Windhoek.

### AMPHITHEATRE

Classical music was a prominent feature in Werner List's life. With the same affinity for music his daughter, Christa, took up the harp and piano, having been partial to string instruments herself. To celebrate music and performance, the family had the amphitheatre built at Midgard so audiences could share the electric energy of gathering at a musical spectacle with nature all around them.

### TREFFPUNKT

Having loved the company of friends and family, Werner List designated a special spot for coming together and spending time with others: Treffpunkt, or meeting point. Over time, the feelings of togetherness and being at home grew beyond the perimeter of Treffpunkt to cover the whole of Midgard as a place of gathering, where everyone is welcome.



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## PLACES OF INTEREST

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### HEXENHAUSEN

Whenever there was a need to keep mischievous children on the farm in check, few things did the trick quite like the proposition of a visit to Hexenhausen – The Witch’s House. Many would have encountered this wicked ingredient in classic fairy tales from their youth, so the thought of swinging by Hexenhausen would be enough to spook both young and old.

### SVEN'S KEGELBAHN

The value of honing one’s abilities and launching with intention, the discovery that determination makes all things possible and the realisation that team spirit can make a win out of any situation - all life lessons that can be gained from the bowling alley. Appreciating the importance of play in both personal and business growth, Sven Thieme took the Kegelbahn, originally built for entertainment, and transformed it into the ultimate shaper of strategy and maker of memories.

### THOR'S SPORTS FIELD

A vast, open field suitable as training ground and battlefield would have surely been relished by Thor, Norse God of Thunder. Valiant protector and image of strength and agility, Thor used his athletic

pro prowess to conquer his adversaries. You might just find yourself unleashing your inner Thor when stepping onto this grass to challenge your competitors or yourself.

### LOKI'S PLAY PARK

Known as the God of Mischief in Norse mythology – and for good reason – Loki always had a trick or trap up each sleeve, sometimes in the spirit of fun and other times purely as a treacherous troublemaker. While it would not be wise to follow in the mayhem-stained footsteps of Loki, one may look to his example of not taking things so seriously and rather going for fun and games like the sort set out here.

### ODIN'S CHESSBOARD

Being the God of War and Death, it would only be fitting that our chessboard – the ultimate stage for strategy, warfare and attack – takes its name from the Norse God, Odin. Well acquainted with the notion that enlightenment comes at a cost, Odin was known to make the most extreme sacrifices to acquire knowledge, because as the adage goes, knowledge is power. Knowledge helps you stay three steps ahead of your opponent. What would you be willing to sacrifice in your game to claim victory? It's your move...





# SERVICES & FACILITIES

Please contact reception on +264 62 503 888 for assistance

## ACTIVITIES & EXPERIENCES

For more information and to book any activities, please do not hesitate to consult any of our friendly employees available at reception. See page 23 of this directory for more details on the activities.

## AIRLINE INFORMATION

Kindly contact reception to assist you in making any reservations, re-confirmations and lend a hand with any further details you may need.

## AIR CONDITIONING

For your comfort, each room is equipped with a remote controlled air conditioner. To ensure that your room stays cool in our warm weather, kindly double-check that all exterior windows and sliding doors are closed when the air conditioner is on.

## AIRPORT

We are fortunate enough to have Hosea Kutako International Airport situated 70 km from Midgard. Should you require transportation, our employees are more than happy to make arrangements for you.

## BABYSITTING

Babysitting can be arranged at an additional fee. Kindly notify the employees at reception 4 hours in advance and they will be happy to organise a cheerful caretaker for your little ones.

## BLANKETS/PILLOWS

Extra pillows and blankets are provided in the wardrobe for your utmost comfort.

## BUSINESS SERVICES

For assistance with photocopying, faxing and other business services, please feel free to reach out to one of our employees.

## CHECK-IN TIME AND CHECK-OUT TIME

Check-in time is 14h00 and check-out time is 10h00. If you require any assistance, please contact reception.

## CLEANING SERVICES

We believe that cleanliness adds to the full Midgard experience and thus clean the rooms every morning. However, should you wish for extra cleaning services, our employees are more than ready to neaten your room for an additional fee.

## CHILDREN'S BEDS

Our 10 family rooms can accommodate 2 extra children each. If a baby cot is required in one of our standard rooms or luxury rooms, kindly contact housekeeping.

## COMMENTS

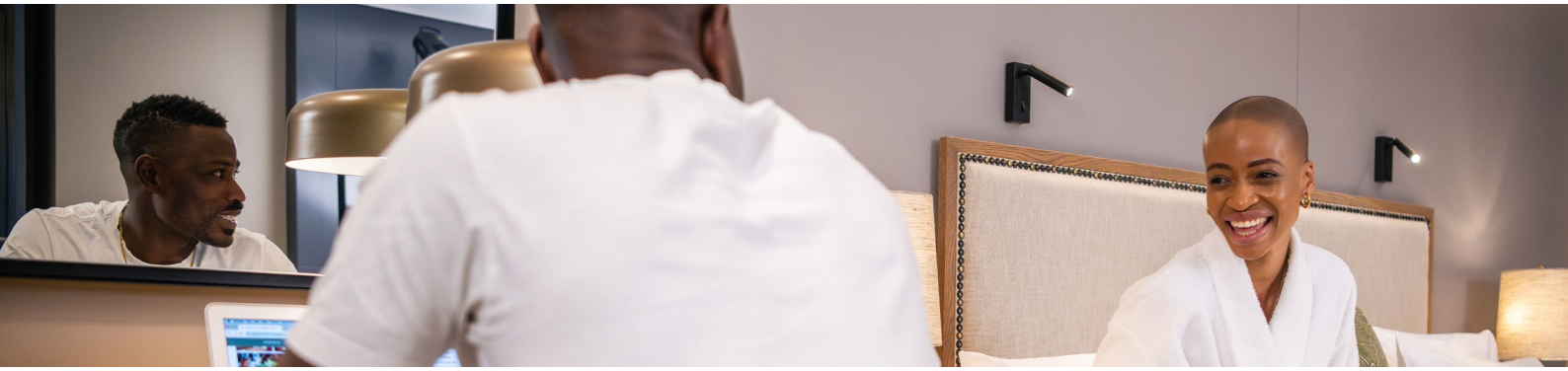
We would highly appreciate it if you could provide us with feedback by completing the GuestRevu survey at the end of your stay. Alternatively, you can also leave a review on TripAdvisor, Facebook or Google Business.

## CONFERENCING & BOARDROOM MEETINGS

Midgard offers various conference facilities including a boardroom. Their capacity ranges from 20 to 200 persons. Should you need more information, please feel free to contact our experienced Groups & Conference Coordinator.

## DOCTOR/DENTIST/FIRST AID

A first aid kit is available at reception for minor ailments and injuries. Whilst all efforts will be made to accommodate medical services, please be mindful that these services are located in Windhoek which is approximately 85 km or 1 hour and 30 minutes drive by car or in Okahandja which is located about 65 km from Midgard.



#### DO NOT DISTURB

Should you require privacy, place the Do-Not-Disturb door hanger on the latch outside your door. To allow for housekeeping to service your room please replace it with the Make-Up-Room door hanger.

#### ELECTRICITY

Our provided electricity supply is 220V. Should you require adaptor plugs, kindly contact the reception desk with your request.

#### EMAIL & INTERNET ACCESS

Wi-Fi is available in your room and all public areas. No password is required to log on.

#### FOREIGN EXCHANGE

For any of your foreign exchange needs, kindly arrange in advance at our reception desk.

#### FORGOTTEN OR LOST ITEMS

In the event of the loss of your belongings, please contact reception immediately. Any items handed in will be carefully stored for a maximum of 3 months.

#### HAIRDRYER

For your convenience, a hairdryer is available in your room.

#### IRONING AND LAUNDRY SERVICE

For a full valet service, kindly contact reception or complete the laundry list in your room and make use of the laundry bag.

#### LUGGAGE STORAGE

Arrangements can be made with reception for the temporary storage of luggage.

#### MAINTENANCE

Great care is taken to ensure your room is in good, working order. In the unlikely event that you should experience any problems, please do not hesitate to contact one of our employees.

#### PAYMENT FACILITIES

Master Cards and Visa Cards are welcome. We regret that we are unable to accept cheques.

#### POOL TOWELS

Pool towels are available at the swimming pools.

#### PORTER

We offer superb porter services that can be made available to you at the reception desk.

#### PETS/DOGS

No pets allowed, with exception of guide dogs.

#### SAFES

An electronic in-room safe is provided. Please ensure all your personal valuable items are kept in this safe.

#### SAFETY & SECURITY

Each room is equipped with a safe and secure door lock. The property is guarded on a 24hr basis with controlled gate access.

#### SMOKING

We have provided designated smoking areas. Kindly confirm with employees should you be unable to find one. Smoking is prohibited in the rooms.

#### TELEVISION

Television sets are made available in every room. Feel free to make use of our viewing services as you relax! Please contact reception should you have any questions.

#### TOILETRIES

Emergency toiletries are available at reception.

#### TRANSPORT AND TRANSFERS

If you need any transport or transfers, our reception desk will be more than happy to make the necessary arrangements for you.

#### WAKE-UP CALLS

Please contact reception if you would like to arrange a wake-up call.

#### WATER

Our pure and natural water is of very high quality and safe to drink. However, bottled water can be purchased at The Pumphouse or The Barn.



# RESTAURANT & BAR

At Midgard, we believe in exploring and truly indulging in all that nature has to offer. This is why we have created the freshest, tastiest garden-to-plate concept where we prepare our newly harvested vegetables for incorporation into our menu. With this concept, we continue to carry the legacy of whimsical, bountiful farmlife. Our restaurant, The Barn, offers a delicious variety of freshly prepared dishes that are sure to leave you beyond satisfied. Enjoy the refreshing alcoholic and non-alcoholic drinks offered at The Pumphouse.



## THE BARN

A barn normally holds the feed and harvest for the entire farm. In the same manner, The Barn is where you can enjoy one of our delicious homey dishes along with tasty sweet treats to round off your meal. Indulge in our special evening meals served with the option of buffet-style or à la carte.

As a wing to The Barn, The Stoep also provides you with a change of scenery while still enjoying our delicious menu.

## THE PUMPHOUSE

Pumping stations were often used to extract and transport water on farms, a vital necessity. The Pumphouse thus symbolises the need to quench all thirst-related needs from our wide selection of wine and cocktails all the way to our warm, cosy drinks. Take a comfortable seat and enjoy a drink of your choice at The Pumphouse.





#### MEALS SERVED

We are very proud of our vegetable garden and our chefs do their best to showcase our freshly picked offerings. Numerous options are available and vary between buffets, à la carte options and light meals. Please ask our waiters to let you know about our daily specials.

#### BREAKFAST 06h30 - 09h30

A combination of cold continental buffet and cooked breakfast selection from The Workshop.

#### LUNCH 12h30 - 14h30

An offering of either a buffet or à la carte, with the focus on light meals.

#### DINNER 18h30 - 21h30

An offering of either a buffet or à la carte.

#### THE PUMPHOUSE

Open daily from 10h00 to 24h00



#### A TASTE OF HOME

We offer a delicious variety of our home-made, farm-style pickles and jams for you to try. You can find these in THE BARN. Kindly ask our employees.

Our soft, artisan freshly baked bread is one of our favourite recommendations amongst our freshly baked pastries.





# ACTIVITIES & ENTERTAINMENT

## GUIDED ACTIVITIES

### SUNRISE NATURE DRIVE

Our enthralling three-hour drive takes you through a journey discovering the wonders of nature and if you're lucky, you could spot some of our elusive wildlife. The final stop will take you to a hilltop with scenic views accompanied with coffee/tea, rusks, pastries and refreshing water.



### HILLTOP SUNDOWNER

Our trip takes you along the Swakop river directly to our hilltop, in time to witness a spectacular Namibian sunset. The trip takes about 20 minutes and we'll return after sunset. Includes dry snacks, biltong, droëwors as well as soft drinks, beer, wine and water.



### SUNDOWNER NATURE DRIVE

Enjoy a mesmerising three-hour nature drive perfectly concluded with a stop at the hilltop to witness the famously stunning Namibian sunset. The drive is inclusive of delectable dry snacks of biltong, droëwors paired with soft drinks, beer, wine and water.



### PRIVATE SUNRISE/SUNDOWNER/HILLTOP NATURE AND GAME DRIVES

Please enquire at reception to confirm availability for private drives in our 9 seater open Land Cruiser or 21 seater Mercedes Benz truck.

All activities should please be booked at reception, where availability and rates will be confirmed upon booking.

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## NON - GUIDED ACTIVITIES

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### 4X4 AND SELF-DRIVE ROUTES

Explore our farm in the comfort of your own vehicle - 4x4's only! Please report to reception for advice on routes and a map.



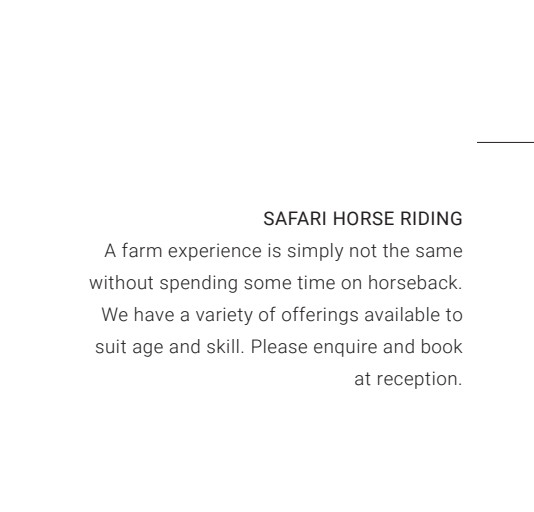
### HIKING

Please enquire at reception about a map and let us know where you are going so we can ensure your safe return. Always remember to take water, sunscreen, a hat and childlike wonder!



### HILDE'S GEMÜSEGARTEN

Situated behind the conference centre, immerse yourself in the visual feast that is our very own vegetable garden. For a fully grounded experience, kids can select their own vegetable or purchase a herb/tree.



### SAFARI HORSE RIDING

A farm experience is simply not the same without spending some time on horseback. We have a variety of offerings available to suit age and skill. Please enquire and book at reception.

### MOUNTAIN BIKE TRAILS

There's no better way to get close to nature. Fitness enthusiasts are welcome to enjoy a variety of trails on their mountain bikes. Maps are available at reception - please inform us before attempting the trails. Don't forget your helmets and water!



### SVEN'S KEGELBAHN (SKITTLE ALLEY)

Test your bowling skills on our original German Kegelbahn. Open from 10h00 - 23h00 daily. Please book at reception. Charged per lane per hour. Exclusive use options are also available.



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## NON - GUIDED ACTIVITIES

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### TENNIS COURT

Tennis balls and rackets are available at reception.



### CAMELTHORN SPA

Relax and rejuvenate in the beautiful surrounds of the African bush. Open daily from 08h00 till 17h00. Please contact reception to make a booking.

### GYM

If you are not into hiking or cycling then you are welcome to use our fully equipped gym located next to the spa. Open daily for in-house guests.



### OUBAAS' AUTO MUSEUM

Being a car fanatic, Werner List was always on the lookout for a new vehicle. This museum allows us to celebrate some of the vintage, classy collection.



### OUTDOOR CHESS

Challenge your strategic skills in the serene outdoor setting and enjoy a game of chess on our oversized chess board.



### KREUZBERG VIEW

Take a climb to enjoy the view of our farm from the iconic landmark cross at the top of the hill. Walk takes approximately 30min. Follow Odin's Trail starting behind the Kreuzberg rooms.



