

# MOTHERS DAY *May Specials*

Full Body Hot Stone  
& Express Pedicure

**R520**

90min

Back Neck Shoulder  
Massage & Vita-C Facial

**R640**

90min

Foot Massage &  
Vita-C Facial

**R560**

90min



Specials Valid Until May 31st 2026 | Subject To Availability & Price Change | \*Bookings are essential\*  
Stacking specials not applicable | Swapping out special items not applicable

# LAZER HAIR REMOVAL

*Operational Times*

**Wednesdays**

**&**

**Saturdays**

Available Between

**9:00 AM - 5:00 PM**



**Bookings are essential** | Subject To Availability & Price Change  
Stacking specials not applicable | Swapping out special items not applicable

# MASSAGE CHAIR

*Full Body Relaxation*

15 Min Session  
**R100**

30 Min Session  
**R200**



**Bookings are essential** | Subject To Availability & Price Change  
Stacking specials not applicable | Swapping out special items not applicable

QURTUBA  
RUMAAN SPA  
AND WELLNESS CENTRE

# PENSIONERS DISCOUNT

25% Off

**Available**

**Every**

**Wednesday**



Applies to all menu items (excl. running specials)  
Subject to availability and price change.  
Valid ID or Pensioner's Card required at time of booking  
Must be aged 60 and above to qualify for discount.

# REFLEXOLOGY

## *Pressure Point Therapy*

45 Min Session  
**R400**

A deeply soothing, pressure-point therapy designed to restore harmony from within. Gentle yet effective, this indulgent experience works to relax the body, revive the senses, and rebalance your natural energy flow—leaving you grounded, renewed, and restored.



**Bookings are essential** | Subject To Availability & Price Change  
Stacking specials not applicable | Swapping out special items not applicable

# CRANIALSACRAL THERAPY

A non-invasive deep relaxation, light-touch therapy that helps bring the body back to balance by releasing daily stresses of life.



## Alleviate & Aid with:

- Chronic Pain
- Migraines
- Anxiety & Depression
- TMJ Disorders
- Neck & Shoulder Pain
- Back Injuries
- Digestion

# MICRONEEDLING THERAPY

Uses Tiny Needles to Boost Collagen, Heal & Renew the Skin.

## Improves:

- Smoother Skin
- Even Tone
- Scars & Blemishes
- Fine Lines
- Tighter Pores
- Overall Glow

## Other Benefits:

Microneedling can also be used for scars on the body as well as thinning hair

the  
purest  
solutions



Advanced SPF  
Filter Technology

Broad-Spectrum  
Protection SPF 50

Blue Light Protection

Calming & Barrier  
Repairing Effect

# the purest solutions

Now Available  
at Rumaan Spa



QURTUBA  
**RUMAAN SPA**  
 AND WELLNESS CENTRE

age **defense**

smooth + brighten + protect | lisse + illumine + protège

dark spot **solutions**  
 solutions contre les taches brunes

starts working fast to visibly fade + help prevent  
 agit rapidement pour atténuer visiblement  
 les taches et aider à les prévenir

sensitive skin **rescue**

serious relief for sensitive skin  
 apaise intensément les peaux sensibles

clear + **brighten**

clears acne + targets early skin aging + brightens  
 élimine l'acné + cible le vieillissement  
 prématuré + illumine la peau

**dermalogica**

daily brightness **boosters**

glycolic + vitamin c  
 acide glycolique + vitamine C

**dermalogica**

discover healthy skin  
 best sellers / meilleurs vendeurs

**dermalogica**



QURTUBA  
 RESORT & EVENTS

# ARGAN OIL

## SHAMPOO & CONDITIONER



- Deeply hydrates
- Repairs damage
- Tames Frizz
- Boost's shine
- Great for dry, colour treated or frizzy hair
- Soothes the scalp
- Helps protect from breakage & split ends





# ULTIMATE SERUM

## HAIR REPAIR

- Frizz control
- Deep moisture shine
- Heat protection
- Suitable for all hair types
- Clean formula
- No animal testing



110ML e 3.71 fl.o.z.  
NEW YORK  
BEAMARRY®

Shine.Repair.Smooth  
Sulfate&Paraben free  
Color Safe Formula  
for All Hair Types

SERUM  
HAIR  
REPAIR  
ULTIMATE



# VITAMIN-C FACIAL KIT

## R200

For The Kit

### Kit Contains:

- Facial Cleanser*
- Face Scrub*
- Facial Sauna Oil*
- Face Massage Cream*
- Face Mask*
- Face Serum*



# DON'T FORGET YOUR KIT



We'll Do The Treatment For You

**R350**

For the first treatment with your kit

**R300**

After the first treatment with your kit

\*It is essential that you bring your kit\*

