

QURTUBA
RUMAAN SPA
AND WELLNESS CENTRE



Rumaan Spa Menu

OPEN 7 DAYS A WEEK
(08:00am - 18:00pm)

****BOOKINGS ARE ESSENTIAL****

📞 +27 66 477 4678/ +27 10 109 4789 📍 6 Sakb Ave, Linbro Park, Sandton, 2090

📷 rumaan_spa 🌐 qurtubahotelspa.co.za 📺 Rumaan Spa & Wellness Centre 📧 spa@qurtuba-h.co.za



Breathe. Unwind. Restore.

Qurtuba Rumaan Spa is a sanctuary of tranquillity where time slows down and serenity takes over. Escape the demands of everyday life and immerse yourself in a world designed to soothe the mind, nurture the body and replenish the soul.

Inspired by the Rumaan, a Pomegranate that is the symbol of beauty, vitality and renewal, our signature treatments draw on nature's restorative gifts and time-honoured healing traditions. Every experience is thoughtfully curated to awaken your senses and restore inner balance.

Surrender to the gentle touch of our skilled therapists as stress melts away and waves of calm wash over you.

Whether you seek deep relaxation, rejuvenation or a moment of stillness, discover a treatment perfectly tailored to your wellbeing journey.

Relax. Refresh. Rejuvenate. Renew.

A haven where wellness blossoms and every breath invites you closer to harmony.



Our products are available for purchase at the spa front desk

Subject To Availability & Price Changes





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MASSAGES

Japanese Head Massage	(45 MIN)	R600
Japanese Head Massage With Foot Massage	(55 MIN)	R900
Full Body Swedish Massage	(55 MIN)	R400
Full Body Hot Stone Massage	(55 MIN)	R450
Neck, Back, & Shoulders Swedish Massage	(30 MIN)	R300
Head, Neck & Shoulders Seated Massage	(30 MIN)	R200
Neck, Back, Shoulders + Hot Stone Massage	(30 MIN)	R350
Pregnancy Massage	(45 MIN)	R400
Indian Head Massage	(30 MIN)	R250
Full Body Sugar Scrub	(45 MIN)	R450
Thai Foot Massage	(30 MIN)	R350
Thai Head Massage	(30 MIN)	R250
Thai Full Body Massage	(60 MIN)	R500
Mens Sport Massage	(60 MIN)	R450
Mens Sport Massage	(90 MIN)	R700

CRANIAL MASSAGE

Calming sense of wellness, a non invasive relaxing massage, allowing the body and mind to realign and connecting to oneself.

Full Body Cranial Massage	(55 MIN)	R500
Cranial Sacral Therapy	(75 MIN)	R600
3 Cranial Sacral Follow Up Sessions	(Per Session)	R500

COUPLES TREATMENT PER COUPLE

Full Body Swedish Massage	(55 MIN)	R700
Full Body Hot Stone Massage	(55 MIN)	R800
Full Body Moisturising Scrub	(55 MIN)	R800

HANDS & FEET

Leg Massage (Lower Leg)	(45 MIN)	R300
Express Mani & Pedi (No Paint)	(60 MIN)	R350
Sugar Mani & Pedi (No Paint)	(60 MIN)	R400
Pedicure (No Paint)	(60 MIN)	R300
Manicure (No Paint)	(45 MIN)	R250
Hand & Foot Massage	(45 MIN)	R300
Foot Massage	(30 MIN)	R200
Reflexology	(45 MIN)	R400
Parafin Dip		R100



HOME CARE & AFTER CARE PRODUCTS AVAILABLE IN SPA

Subject To Availability & Price Changes

DERMALOGICA SKIN CARE PROFESSIONAL FACIALS

Express Face-fit Treatment (10 MIN)	R150
Proskin (30 MIN)	R350
Proskin (60 MIN)	R650
Gwa Sha (10 MIN)	R50

KALAHARI SKIN CARE PROFESSIONAL FACIALS

Express Facial (30 MIN)	R250
Honey Bush Soufflé (60 MIN)	R350
Honey Bush Soufflé with Added Clay or Mud (60 MIN)	R400
Vita Gel (60 MIN)	R450
Vita C Facial (60 MIN)	R450
Phytic Clay (60 MIN)	R450
Lipid Rich (60 MIN)	R450

CUPPING

Dry Cupping (MINIMUM 6 CUPS) (EXTRA CUP R45)	R300
Sunnah / Wet Cupping (MINIMUM 6 CUPS) (EXTRA CUP R50)	R400

WELLNESS THERAPY

Salt / sand room (halotherapy or speleotherapy) (30 MIN)	R100
Sauna Room (30 MIN)	R200
Rasul Room (45 MIN) (60 MIN)	R400
Hamam (45 MIN) (30 MIN)	R700
Hamam With Moisturiser	R800
Steam Room	R150

KIDDIES MENU (10 YEARS AND BELOW)

Full Body Swedish Massage (45 MIN)	R180
Indian Head Massage (30 MIN)	R100
Neck, Back, & Shoulder Massage (30 MIN)	R100
Head, Neck & Shoulder Massage (30 MIN)	R100
Foot Massage (30 MIN)	R100
Express Mani & Pedi (45 MIN)	R200
Manicure (30 MIN)	R100
Pedicure (30 MIN)	R100

Add an extra
10 MIN for an
additional

R50



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Waxing

Full Back	R350
Full Face	R150
Full Body	R1150
Full Front	R350
Chin	R60
Eye brow Wax	R60
Eye brow Tint	R80
Upper Lip	R40
Half Arm	R120
Full Arm	R170
Under Arm	R100
Full Leg	R200
Half Leg	R150
Bikini	R300
Brazillian	R350
Hollywood	R400
Nostrils	R50
Forehead	R70
Side burns	R50
Ears <i>Both</i>	R50
Unibrow	R10
Lash Tint	R80



*Enquire
on subject
availability.
Strictly on
booking.*



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ENQUIRE ABOUT:

- TAILOR MADE PACKAGES

**Follow us on our Social Media Platforms for the
latest specials at Qurtuba Rumaan Spa**

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