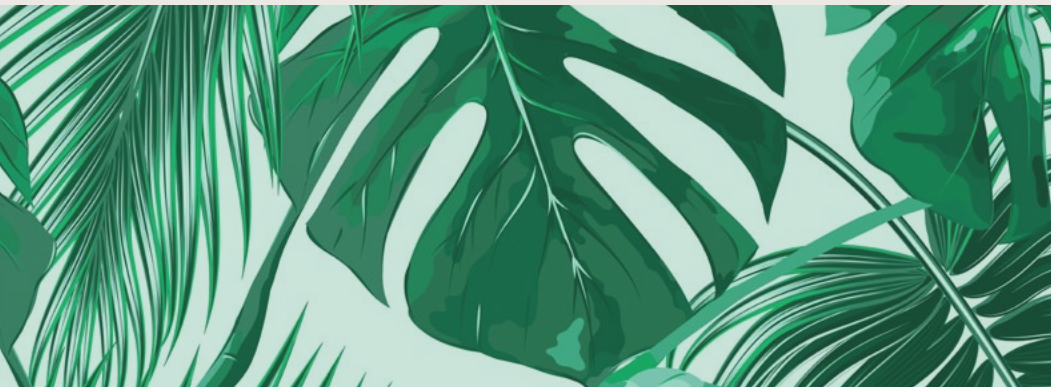




CSpa Wellness

TREATMENT MENU



AWAKEN TO A RENEWED SENSE
OF *BEAUTY & WELLNESS*

massage therapy

Back, Neck & Shoulder Massage	60 min	R650
	45 min	R500
	30 min	R380

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R650
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R650
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R650
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R650
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Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R650
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Begin your therapeutic journey with a shot of CBD oil to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst supercharging the immune system and promoting restorative sleep.

Classic Swedish Massage	60 min	R580
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Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	45 min	R500
	30 min	R380

Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R390
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R300
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Add Hot Stones (Back Only)	R120
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Add on CBD Oil** <i>(may be added to any treatment)</i>	R140
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Back Scrub	R120
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Add Bellabaci Cups (Back Only)	R120
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Bellabaci Detox/Slimming Concentrate Oil	R150
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Bellabaci Deep Relax Oil	R150
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Bellabaci Muscle Support Oil	R150
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Bellabaci Revive Oil	R150
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SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R560
	60 min	R700

Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted lipo-sculpting massage.

body treatments

Salt Body Scrub**	30 min	R430
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Hydrating or Detox Wrap**	45 min	R620
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HYDROTHERAPY

Thalgo Mer des Indes Milk Bath**	30 min	R370
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Thalgo Îles Pacifique Lagoon Bath**	30 min	R370
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Body Treatments and Hydrotherapy available at The Blyde, Munyaka, Thaba Eco-Village and Royal St. Andrews.



skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment

60 min R1100

Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Treatment for Men

30 min R620

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Facial Treatment

60 min R900

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial

60 min R770

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial

60 min R740

A revitalizing skin treatment for all skin types. Two treatment options (i.e. Hydrating or Purifying)

Thalgo Purité Marine Purifying Treatment

60 min R740

Specifically designed for combination to oily skin, this Purity Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Thalgo Hydra-Radiance Facial

30 min R500

Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating Facial

60 min R590

This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial

30 min R450

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Wrinkle Correcting Pro Eye Treatment Add On To Facial*

R410

MEDI SPA

Thalgo Peeling Marin Treatment**

30 min R1150

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Active Peel 25%

45 min R900

Active Peel 30/30

45 min R990

This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On

15 min R400

Micro-Needling (Face Only)

75 min R1400

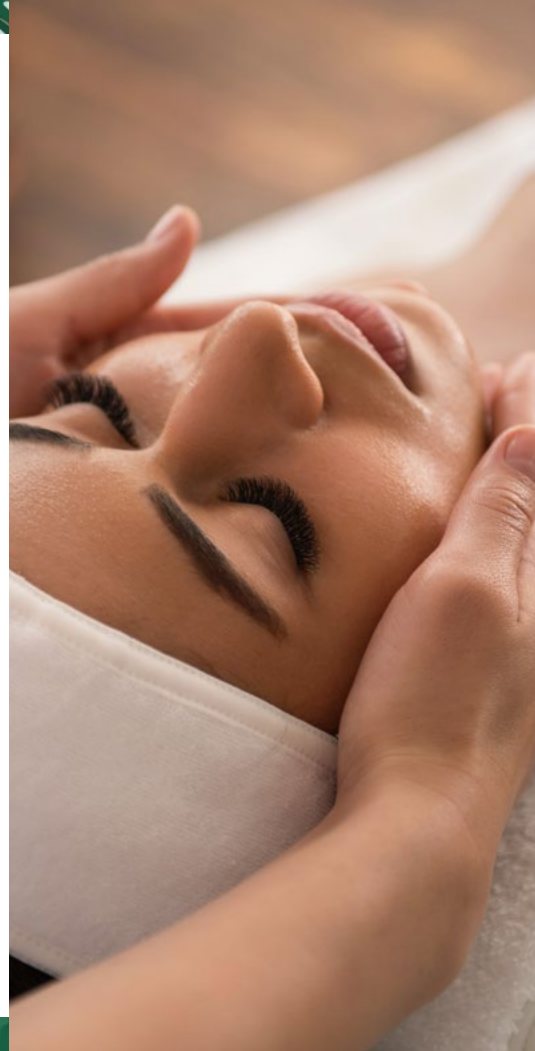
Micro-Needling (Face & Neck)

90 min R1700

Micro-Needling (Face, Neck & Décolleté)

120 min R2100

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure 60 min R470

Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.

Luxe Manicure 60 min R420

Includes a soak, scrub, cuticle work, full hand massage, mask and paint.

Gelish Pedicure 60 min R590

Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.

Gelish Manicure 60 min R540

Includes soak, scrub, cuticle work, Gelish application, hand massage.

Nail Care & Gel Polish Overlay 45 min R380

Express Pedicure 30 min R260

Includes a soak, scrub, cuticle work, lotion application and paint.

Express Manicure 30 min R260

Includes a soak, scrub, cuticle work, lotion application and paint.

Revarnish 15 min R200

Gel Polish Removal R130

Gel Polish Removal (with new set) R70

**Applicable only if previous set was done at this branch*

Mens Nail Grooming 20 min R200

Pedicure - No Paint 45 min R350

ACRYLIC NAIL BAR**

Full Cover Soft Gel Tips with Gelish** R450

Full Cover Soft Gel Tips with Polish** R400

Natural / Colour Overlay R430

French Acrylic Overlay R450

Clear Tips with Overlay R450

Tips: French/Colour R320

Acrylic Fill R270

Nail Art (Stamp / Free Hand) Per Nail** R30

Nail Art (Sticker) Per Nail R5

Nail Repair R70

Artificial Nail Removal R170

Full Set Acrylic Sculpture** R530

Buff and Glaze R190

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay R450

Gel Overlay R430

Bio Gel Polish Overlay R380

Gel Fill R350

Bio Gel Removal R120

ADD ONS

Paraffin Dip on Hands or Feet 15 min R110

Heel Peel Treatment 15 min R120

Structure Gel / Nail Re-Inforcement Layer R100

Ombre Add On R50

Chrome Add On Full Set R100

beauty treatments

WAXING (EACH*)

Lip / Chin / Brow* 15 min R110

Underarms / Sides of Face* 20 min R160

Bikini / Half Arm* 25 min R230

Brazilian 40 min R260

Hollywood 45 min R340

Half Leg / Full Arm/ Half Chest* 30 min R240

Full Leg 45 min R400

Back / Chest* 45 min R410

Full Face 30 min R250

Lip & Brow Wax Combo 15 min R190

Ear Wax** 15 min R110

Nose Wax** 15 min R110

THREADING**

Lip / Chin / Brow* R110

Lip + Brow R190

Mono Brow R110

Full Face R250

Brow Thread & Tint Combo R190

Brow Thread, Brow & Lash Tint Combo R250

TINTING

Brow Shape & Tint R170

Tint Lash & Brow 30 min R170

Tint Lashes 20 min R130

Tint Brows 15 min R120

LASH LIFT AND BROW LAMINATION**

Lash Lift & Brow Lamination Combo R650

Lashlift R350

Brow Lamination R350

Add Tint R90

Add Brow Wax / Shape R90



packages

The Escape **2hr 30min R1230**

60min Thalgo Spa Skin Facial
60min Pedicure
30min Back, Neck & Shoulder Massage

Gents Executive **1hr 30min R780**

45min Back Massage
30min Express Pedicure
15min Head Massage

Petite Personalised Journey **1hr 30min R830**

Choose any three of the treatments below:

- 30min Pressure Point Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Indian Head Massage
- 30min Express Manicure
- 30min Express Pedicure
- 30min CSpa Aroma Wellness Facial

CBD Wellness Journey **60 min R830**

CBD Infused Tea
30min CBD Back Massage
30min CBD Radiance Facial
Includes CBD Booster Drink

Spa Taster **60 min R740**

30 min Back, Neck & Shoulder Massage
30 min Thalgo Hydra-Radiance Facial

teen treatments

Cleansing Facial **30 min R390**

Back Massage **20 min R280**

3/4 Leg Wax **20 min R200**

1/2 Leg Wax **20 min R170**

Bikini Wax **20 min R140**

Underarm Wax **15 min R100**

Mini Lip Wax **10 min R70**

cspa kids

(under the age of 12)

Candylicious Nails **30 min R230**

Hands and Feet, Shape & Paint

Fruity Fun Mani **20 min R200**

Happy Feet Pedi **20 min R200**

Kool Kids Massage **20 min R220**

Back, Neck & Shoulders, Back of Legs and Arms

Little Miss Facial | Little Mister Facial **30 min R390**

Tween Petite Package **60 min R650**

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Hand Treatment
- 20min Foot Treatment
- 20min Revarnish Hands and Feet

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.

essentials

- Prices are valid for **2026** at Royal St. Andrews.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.







head office

For branch contact information, please visit
www.camelotwellness.co.za

011 880 3850 | info@camelotwellness.co.za

