



Information for Sea & Forest Resort Guests

VACATION 2026

MONDAY

07:30 - 11:00 Breakfast - buffet
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)

TUESDAY

07:30 - 11:00 Breakfast - buffet
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)

WEDNESDAY

07:30 - 11:00 Breakfast - buffet
09:00 - 10:00 Aqua Aerobic*
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)
5:30 PM - 10:00 PM Poolside DJ

THURSDAY

07:30 - 11:00 Breakfast - buffet
08:00 - 09:00 Pilates*
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)
20:00 - 22:00 Live music at the "For Rest" Restaurant

**Sports activities take place on the patio, in the pool, or in the playroom.
Meet at the reception desk 5 minutes in advance. In the case of inclement weather, alternative activities may be available for afternoon activities.*

*** exit to the garden at Bali Spa Shept, dependent on the weather.*

FRIDAY

07:30 - 11:00 Breakfast - buffet
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)
17:00 - 18:00 Healthy spine*
20:00 - 22:00 Live music at the "For Rest" Restaurant

SATURDAY

07:30 - 11:00 Breakfast - buffet
08:00 - 09:00 Aqua Aerobic*
10:00 - 21:00 Free shuttle to the beach
12:00 - 20:00 Animation for children
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)
5:30 PM - 10:00 PM Poolside DJ

SUNDAY

07:30 - 11:00 Breakfast - buffet
10:00 - 21:00 Free shuttle to the beach
13:00 - 18:30 Afternoon menu (Lobby, Summer Terrace)
16:00 - 18:00 Dinner - buffet
18:30 - 23:00 A'la Carte (Restaurant, Summer Terrace)

OPENING HOURS

Restaurant "For Rest": 6:30 p.m. - 11:00 p.m.
Lobby Café & Bar: 12:00 a.m. - 11:00 p.m.
Beach Bar: 1:00 p.m. - 11:00 p.m. (Shisha Lounge)
Summer Terrace: 1:00 p.m. - 10:00 p.m.
Bali SPA Shept: 10:00 a.m. - 9:00 p.m.
Pool: 8:00 a.m. - 10:00 p.m.
Sauna: 8:00 a.m. - 10:00 p.m.
Gym: 8:00 a.m. - 10:00 p.m.
"Mewa Śmieszka" playroom: 8:00 a.m. - 9:00 p.m.
Open-air cinema: 8:00 p.m. - 9:30 p.m.**

ADDITIONAL INFORMATION

Apartment cleaning: For stays longer than 4 days, cleaning is provided every 2 days. Additional cleaning is available upon request (additional fee).

Check-out: by 11:00 on the day of departure

Animation: The current daily schedule is available at the reception desk

Bali SPA Shept: Original treatments inspired by nature and a holistic approach to the body.

We encourage you to book in advance at the reception

Bike rental: adult bike PLN 75/day; child bike PLN 50/day + free map ;)