

Let us take care of
your moment of relaxation.

THE LOOM
★ ★ ★ ★ **HOTEL**

THE SPA



Knowing how essential it is to restore both body and mind, we invite you to discover the massage treatments at THE LOOM HOTEL SPA. Our massage rituals help release muscle tension, boost immunity, and bring harmony back into your body.

LOMI LOMI MASSAGE (60 min - 269 zł, 90 min - 339 zł)

Filled with harmony and tranquility, the Lomi Lomi massage is a unique ritual that combines deep relaxation with energizing movements. Using traditional Hawaiian techniques, it soothes not only the body but also the mind, restoring both physical and mental balance.

ORIENTAL MASSAGE WITH WARM OILS (60 min - 249 zł, 90 min - 299 zł)

A massage inspired by Far Eastern techniques, focusing on the feet, legs, back, neck, and arms (60 min), with the extended version also including the thighs, abdomen, chest, and hands (90 min). Warm, aromatic oils provide deep relaxation, releasing tension and stress while gently stimulating the senses. This is an intensive, soothing therapy that brings comfort to the entire body.

EXOTIC COCONUT MASSAGE (60 min - 249 zł, 90 min - 299 zł)

A massage using natural coconut oil, which moisturises, firms, and nourishes the skin. The use of exotic massage techniques makes this a moderately intensive treatment, perfect for body care and relaxation.

ORIENTAL FOOT MASSAGE (50 min - 229 zł)

A therapeutic, nurturing, and deeply relaxing massage that stimulates acupressure points on the feet, bringing relief and vitality. This treatment makes you feel as if your legs are floating above the ground, while your entire body is filled with blissful calm and lightness.

HOT STONE MASSAGE (60 min - 269 zł)

Hot stones combined with appropriate massage techniques soothe tired muscles, relieve tension and stress, and improve blood circulation. This is an exceptional treatment that relaxes both body and mind.

ORIENTAL BACK OR LEG MASSAGE (30 min - 189 zł)

An ideal treatment for busy individuals experiencing tension in the neck or leg muscles. Prolonged stress and a sedentary lifestyle often lead to tightness in these areas, which can result in headaches and discomfort. This deeply relaxing massage provides relief, eases muscle tension, and helps you forget the fatigue of everyday life.

SLIMMING MASSAGE WITH A CHINESE SUCTION CUP (40 min - 209 zł)

An effective method for combating cellulite and achieving firm, smooth skin. A massage using a Chinese suction cup stimulates circulation, aids in the reduction of fat tissue, and smooths the skin, restoring its elasticity.

